

Nimble Bimble Cha (L/P)

拍数: 48 墙数: 4 级数: Improver
编舞者: Richard Rogers (USA) & Nancy Rogers (USA) - February 2025
音乐: Everybody Keep Steppin - Cardell
或: Whatever Happens - Michael Jackson



Note: No tags or restarts. Detroit Ballroom inspired dance that can be done as a line or partner dance. This is the cha version of Nimble Bimble, which is available on Copperknob and includes a video. The main difference is that all slow steps in Nimble Bimble have been replaced with shuffle (QQS) steps, creating more movement, especially for slower music.

Starting Position: Side-by-side with both partners facing the starting wall (12:00). The Follow is to the right of the Lead. Right hands are joined in front of the Follow. The Follow's left arm is around Lead's waist, resting near Lead's left hip. The Lead's left arm is slightly bent and held by their own left side. Both partners dance in shadow position with identical footwork throughout, except where noted.

[1-8] BASIC UP / BASIC BACK

1-4 Basic Up: Cha Cha Cha FWD (R-L-R) (1&2), rock FWD on LF (3), recover on RF (4)
5-8 Basic Back: Cha Cha Cha back (L-R-L) (5&6), rock back on RF (7), recover on LF (8)

[9-16] BASIC UP / BASIC BACK WITH ¼ TURN R

1-4 Basic Up: Cha Cha Cha FWD (R-L-R) (1&2), rock FWD on LF (3), recover on RF (4)
5-8 Triple step in place turning ¼ R (L-R-L) (5&6), rock back on RF (7), recover on LF (8)

TIP: For the ¼ turn R, the Follow travels back a bit on the shuffle to stay side-by-side with the Lead. The Lead's toned R arm in front of the Follow is used to provide the lead for this curving turn R.

[17-24] BASIC UP / SHUFFLE ½ TURN L AND R ARM (RH/RH CONNECTED) OVER AND DOWN

1-4 Basic Up: Cha Cha Cha FWD (R-L-R) (1&2), rock FWD on LF (3), recover on RF (4)
5&6 Shuffle ½ turn L (L-R-L) with Lead raising R arm over the Follow's head and then down in front
7-8 Rock FWD on RF (7), recover on LF (8)

[25-32] SHUFFLE ½ TURN R BACK / BASIC BACK WITH ¼ TURN R

1&2 Shuffle ½ turn R (R-L-R) with Lead raising R arm over Follow's head and across in front
3-4 Rock FWD on LF (3), recover on RF (4)
5-8 Basic Back: Cha Cha Cha back (L-R-L) (5&6), turn ¼ R and rock back on RF (7), recover on LF (8)

[33-40] KICK, CURL, STEP, ROCK FWD, RECOVER / SHUFFLE BACK, ROCK BACK, RECOVER WITH ¼ TURN L

1&2 Quick low kick of RF across LF (1), quick curl (hook) RF across L shin (&), step FWD on RF (2)
3-4 Rock FWD on LF (3), recover on RF (4)
5&6 Shuffle back (LRL)
7-8 Square up with a 1/8th turn L and rock back on RF (7), recover on LF with 1/8th turn to L (8)

[41-48] KICK, CURL, STEP, ROCK FWD, RECOVER / SHUFFLE BACK, ROCK BACK, RECOVER

1&2 Quick low kick of RF (1), quick curl (hook) RF across L shin (&), step FWD on RF (2)
3-4 Rock FWD on LF (3), recover on RF (4)
5&6 Shuffle back (LRL)
7-8 Square up with a 1/8th turn R and rock back on RF (7), recover on LF (8)

START OVER

Contact: dancingdjr2 at icloud dot com
