

Wake Me Up

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Amanda Rizzello (FR) - April 2025
音乐: Wake Me up (Country Version) - Cooper Alan & Aloe Blacc



(1-8)SHUFFLE RIGHT , ¼ SHUFFLE LEFT, ¼ SHUFFLE RIGHT, ¼ SHUFFLE LEFT

1&2 Step RF to R side, Step LF beside R ,Step RF to R side
3&4 ¼ turn Left stepping LF to L side ,Step RF beside L , Step LF to L side
5&6 ¼ turn Left stepping RF to R side, Step LF beside R, Step RF to R side
7&8 ¼ turn Left stepping LF to L side ,Step RF beside L , Step LF to L side

(9-16)ROCK FORWARD, COASTER STEP, ROCK FORWARD, SHUFFLE ½ TURN

1-2 Step RF forward, recover on LF
3&4 Step RF back , Step LF next to R, Step RF forward
5-6 Step LF forward, recover on RF
7&8 ¼ turn Left stepping LF to L side, Step RF beside L, ¼ turn Left stepping LF forward

***Restart wall 10**

(17-24)JAZZBOX CROSS ¼ TURN, ROCK SIDE , BALL ROCK SIDE

1-2 Cross RF over L, Step LF back
3-4 ¼ turn Right stepping RF to R side, Cross LF over R
5-6& Step RF to R side, Recover on L, Close RF next to L

***Restart wall 5**

7-8 Step LF to L side, Recover on R

(25-32)SAILOR STEP X2, HEEL GROUND ¼ TURN, BALL HEEL , CLAP X2

1&2 Cross LF behind R,Step RF to R side, Step LF to L side
3&4 Cross RF behind L, Step LF to L side, Step RF to R side
5-6& Step L Heel forward, ¼ turn Left as you turn on your heel stepping RF back ,Close LF next to R
7&8 Step R Heel forward, clap hand x2

RESTART WALL 5

After counts 22& change the last two counts of the section by:

Step LF to L side, Touch RF next to L

Then restart the dance from the top facing 12:00

RESTART WALL 10

Do the dance until counts 16 then restart the dance from the top facing 9:00

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