

Yesterday Is Dead

COPPERKNOB
STEPSHETS

拍数: 126 墙数: 1 级数: Phrased Intermediate
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2025
音乐: Yesterday Is Dead - Josiah Queen



Introduction: Start instantly

Sequence: ABC ABC* B tag C ending

PART A (32 counts): always facing 12:00

[1-8] WEAVE, SHUFFLE SIDE, ROCK BACK

1-2 Step RF side, Cross LF behind RF
3-4 Step RF side, Cross LF over RF
5&6 Step RF side, Step LF together, Step RF side
7-8 Rock LF back, Recover on RF forward

[9-16] WEAVE, MONTEREY ¼ TOUCH

1-2 Step LF side, Cross RF behind LF
3-4 Step LF side, Cross RF over LF
5-6 Point L toe side, ¼ turn L... Step LF together (9:00)
7-8 Point R toe side, Touch R toe together

[17-24] ROCK FWD, SHUFFLE ½, ROCK FWD, SHUFFLE ½

1-2 Rock RF forward, Recover on LF back
3&4 ¼ turn R... Step RF side, Step LF together, ¼ turn R... Step RF forward (3:00)
5-6 Rock LF forward, Recover on RF back
7&8 ¼ turn L... Step LF side, Step RF together, ¼ turn L... Step LF forward (9:00)

[25-32] STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

1-2 Step RF diagonally forward, Lock LF behind RF
3-4 Step RF diagonally forward, Brush LF next to RF
5-6 Step LF diagonally forward, Lock RF behind LF
7-8 Step LF diagonally forward, Brush RF next to LF

PART B (32 counts): always facing 9:00

[1-8] OUT OUT, HOLD, IN IN, HOLD, BALL ROCK FWD, ¼ SHUFFLE SIDE

&1-2 Step RF out, Step LF out HOLD
&3-4 Step RF in, Step LF in, HOLD
&5-6 Step RF forward, Rock LF forward, Recover on RF back
7&8 ¼ turn L... Step LF side, Step RF together, Step LF side (6:00)

[9-16] SYNCHOPATED WEAVE, CROSS ROCK, SHUFFLE SIDE

1-2 Cross RF over LF, HOLD
&3-4 Step LF side, Cross RF behind LF, HOLD
&5-6 Step LF side, Cross rock RF over LF, Recover on LF behind RF
7&8 Step RF side, Step LF together, Step RF side

[17-24] SYNCHOPATED WEAVE, CROSS ROCK, SHUFFLE ¼

1-2 Cross LF over RF, HOLD
&3-4 Step RF side, Cross LF behind RF, HOLD
&5-6 Step RF side, Cross Rock LF over RF, Recover on LF behind RF
7&8 Step LF side, Step RF together, ¼ turn L... Step LF forward (3:00)

[25-32] ¼ BIG STEP SIDE, DRAG, BEHIND, SIDE, JAZZ BOX

- 1-2 ¼ turn L... Big step RF side, Drag LF toward RF (12:00)
- 3-4 Step LF behind RF, Step RF side
- 5-6 Cross LF over RF, Step RF back
- 7-8 Step LF side, Cross RF over LF

PART C (62 counts): always facing 12:00

[1-8] STOMP SIDE, BOUNCE & RAISE HANDS OVER 5 COUNTS, STOMP FWD TWICE

- 1 Stomp LF side
- 2-6 Bounce both heels 5 times bringing hands up to side
- 7-8 Stomp RF forward, Stomp LF forward

[9-16] STEP ¼ TURN, CROSS SHUFFLE, BOX STEP ¾

- 1-2 Step RF forward, ¼ turn L... Step LF side (9:00)
- 3&4 Cross RF over LF, Step LF side, Cross RF over LF
- 5-6 Step LF side, ¼ turn R... Step RF side (12:00)
- 7-8 ¼ turn R... Step LF side, ¼ turn R... Step RF side (6:00)

[17-24] CROSS ROCK, BIG STEP SIDE, DRAG, STOMP OUT TWICE, SWIVEL IN (TOE, HEEL, TOE)

- 1-2 Cross rock LF over RF, Recover on RF behind LF
- 3-4 Big step LF side, Drag RF toward LF
- 5-6 Stomp RF out, Stomp LF out
- 7&8 Swivel both toes in, Swivel both heels in, Swivel both toes in

[25-30] ROCKING CHAIR, STEP ½ TURN

- 1-2 Rock RF forward, Recover on LF back
- 3-4 Rock RF back, Recover on LF forward
- 5-6 Step RF forward, ½ turn L... Step LF forward (12:00)

Repeat first 30 counts stomping count 1 with RF and adding 2 steps forward RL

[31-38] STOMP SIDE, BOUNCE & RAISE HANDS OVER 5 COUNTS, STOMP FWD TWICE

- 1 Stomp LF side
- 2-6 Bounce both heels 5 times bringing hands up to side
- 7-8 Stomp RF forward, Stomp LF forward

[39-46] STEP ¼ TURN, CROSS SHUFFLE, BOX STEP ¾

- 1-2 Step RF forward, ¼ turn L... Step LF side (9:00)
- 3&4 Cross RF over LF, Step LF side, Cross RF over LF
- 5-6 Step LF side, ¼ turn R... Step RF side (12:00)
- 7-8 ¼ turn R... Step LF side, ¼ turn R... Step RF side (6:00)

[47-54] CROSS ROCK, BIG STEP SIDE, DRAG, STOMP OUT TWICE, SWIVEL IN (TOE, HEEL, TOE)

- 1-2 Cross rock LF over RF, Recover on RF behind LF
- 3-4 Big step LF side, Drag RF toward LF
- 5-6 Stomp RF out, Stomp LF out
- 7&8 Swivel both toes in, Swivel both heels in, Swivel both toes in

[55-62] ROCKING CHAIR, STEP ½ TURN, WALK FWD TWICE

- 1-2 Rock RF forward, Recover on LF back
- 3-4 Rock RF back, Recover on LF forward
- 5-6 Step RF forward, ½ turn L... Step LF forward (12:00)
- 7-8 Step RF forward, Step LF forward

*** On wall 2 replace last 2 counts by STEP ¼**

- 7-8 Step RF forward, ¼ turn L... Step LF side (9:00)

TAG (8 counts): 12:00, repeat last 8 counts of PART B opposite foot

[1-8] BIG STEP SIDE, DRAG, BEHIND, SIDE, JAZZ BOX

- 1-2 Big step LF side, Drag RF toward LF (12:00)
- 3-4 Step RF behind LF, Step LF side
- 5-6 Cross RF over LF, Step LF back
- 7-8 Step RF side, Cross LF over RF

Restart PART C stomping RF side

FINAL (9 counts): 12:00, repeat section 3 of PART C opposite foot

[1-9] CROSS ROCK, BIG STEP SIDE, DRAG, STOMP OUT TWICE, SWIVEL IN (TOE, HEEL, TOE), STEP FWD

- 1-2 Cross rock RF over LF, Recover on LF behind RF
- 3-4 Big step RF side, Drag LF toward RF
- 5-6 Stomp LF out, Stomp RF out
- 7&8 Swivel both toes in, Swivel both heels in, Swivel both toes in
- 9 Step RF forward with R thumb crossing throat (« Dead »)

HAVE FUN ☐
