

# Restless Heart, Wild Singing (躁动的心 狂野的唱)

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: High Improver  
编舞者: Heru Tian (INA) - March 2025  
音乐: Zao Dong De Xin Kuang Ye De Chang (躁动的心 狂野的唱) (女版) - Piao Hui Zi  
(朴惠子)



**\*\*7 Tags, No Restart**

**\*\*Tag1 4C at the End of Wall 2,6,7,11 & 12**  
Pivot 1/2L (X2)

**\*\*Tag2 8C at the End of Wall 4 (facing 12.00)**  
Pivot 1/2L (X2), Point, Hold 3C

**\*\*Tag3 12C at the End of Wall 9 (facing 9.00)**  
Pivot 1/2L (X2), Point, Hold 3C, Touch, Hold 3C

## Section 1 : Cross, Point, Behind Side Cross, Monterey 1/4R Side, Behind Touch

1 2                      Cross RF over LF (1), Point LF to L Side (2)  
3&4                      Step LF behind RF (3), Step RF to R Side (&), Cross LF over RF (4)  
5 6                      Point RF to R Side (5), 1/4R, Step RF next to LF (6) (3.00)  
7 8                      Step LF to L Side (7), Touch RF behind LF (8)

## Section 2 : Side, Behind, 1/4R Fwd, 1/4R Side, Rock Back, Recover, Side, Sailor 1/4L

1234                      Step RF to R Side (1), Step LF behind RF (2), 1/4R, Step RF Fwd (3), 1/4R, Step LF to L  
Side (4) (9.00)  
5&6                      Rock RF back (5), Recover on LF (&), Step RF to R Side (6)  
7&8                      1/4L, Step LF Back (7), Step RF beside LF (&), Step LF Fwd (8) (6.00)

## Section 3 : Rock Fwd, Ball, Heel & Heel, Rock Fwd, 1/2R Shuffle

12&3&4                      Rock RF Fwd (1), Recover on LF (2), Ball RF Next to LF (&), Tap LF Heel Fwd (3), Close LF  
next to RF (&), Tap RF Heel Fwd (4)  
5 6                      Rock RF Fwd (5), Recover on LF (6)  
7&8                      1/4R, Step RF to R Side (7), Step LF next to RF (&), 1/4R, Step RF Fwd (8) (12.00)

## Section 4 : 1/4R Side Touch, Body Roll, Together, Side, Touch, 1/2R Walks Around

12&34                      1/4R, Touch LF to L Side, start body roll (1), Drop LF heel down, finish body roll (2), Step RF  
Next LF (&), Step LF to L Side (3), Touch RF beside LF (4) (3.00)  
5678                      Walk RF Fwd (5), 1/4R, Walk LF Fwd (6), 1/4R, Walk RF Fwd (7), Step LF Next to RF (8)

Start again..

Happy Dancing

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