Hang Tight

拍数: 32

级数: Beginner

编舞者: DJ Line Dance (USA) - March 2025

音乐: APT - Rose & Bruno Mars

Part 1

- 1 Forward lifting Left arm finger snap back lifting Right arm finger snap R forward
- 2 Both arms down R Home
- Forward lifting Right arm finger snap back lifting Left arm finger snap L forward
 Both arms down L home
- 5 Forward lifting Left arm finger snap back lifting Right arm finger snap R forward 6 Both arms down R Home
- Forward lifting Right arm finger snap back lifting Left arm finger snap L forward
 Both arms down L home

Part 2: Running forward and back

- 1R forward2L forward3R forward4L forward5L back6R back7L back
- 8 L R together

Part 3

- 1 Both Arms High R side toe touch
- 2 Both Arms High R home
- 3 Both Arms High L side toe touch
- 4 Both Arms High L home
- 5678 Right knee forward hips shaking arms straight out up in the air fist index fingers pointing arms slow move from high to low

Part 4

- 1 Both Arms Low both hands fingers spread out R side toe touch
- 2 Both Arms Low both hands fingers spread out R home
- 3 Both Arms Low both hands fingers spread out L side toe touch
- 4 Both Arms Low both hands fingers spread out L home





墙

墙数:4

⁵⁶⁷⁸ Both hands in a fist with right hand punching it out knees slightly bent R stomps 90 degrees left turn to new wall