

You Ain't Lonely Yet

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Thomas Haynes (USA) - March 2025
音乐: You Ain't Lonely Yet - Big House
或: Sunspot Baby - Bob Seger



Step forward, side touch, forward touch, side touch, step back, side touch, step back side touch.

- 1-2- Step forward on right cross in front of left, touch left toes left.
- 3-4- Touch left toes to front, touch left toes left.
- 5-6- Step back on left behind right, touch right toes right.
- 7-8- Step back on right behind left, touch left toes left.

Vine right, 1/4 turn right, touch right next to left, side steps

- 1-2- Cross left behind right, step out on right turning 1/4 turn right.
- 3-4- Step forward on left, touch right next to left.
- 5-6- Step right to right side, touch left next to right.
- 7-8- Step left to left side, touch right next to left.

Lindi shuffle right and left

- 1&2- Moving to the right step right, left, right.
- 3-4- Rock left behind right, recover on right.
- 5&6- Moving to the left step left, right, left.
- 7-8- rock right behind left, recover on left.

Pivot turns, steps in place, shoulder bumps

- 1-2- Step right forward, pivot 1/2 turn left.
- 3-4- Step right forward pivot 1/4 turn left.
- 5-6- Step forward right, left.
- 7&8 bump shoulders up and down right, left, right.

Begin again.....

*8 COUNT TAG FOR SUNSPOT BABY AFTER WALL 2

- 1-2- Bump hips right twice.
 - 3-4- Bump hips left twice.
 - 5-6- Bump hips right, left
 - 7-8- Bump hips right, left.
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