

My Oh My Delilah

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) - March 2025
音乐: Delilah - Mikolas Josef & Mark Neve



Intro : 16 counts

[1-8] STEP, POINT, ROCK FORWARD, RECOVER, WALKS BACK, ROCK BACK, RECOVER

12 Step LF forward (1), Point R toe to R side (2)
34 Rock RF forward (3), Recover onto LF (4)
56 Walk back on RF (5), Walk back on LF (6)
78 Rock RF back (7), Recover onto LF (8)

[9-16] STEP, POINT, ¼ TURN, POINT, WEAVE

12 Step RF fwd (1), Point L toe to L side (2)
34 Make ¼ turn L stepping LF fwd (3), Touch R toe to R side (4) 9:00
56 Cross RF over LF (5), Step LF to L side (6)
78 Step RF behind LF (7), Step LF to L side (8)

[17-24] CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE

12 Cross rock RF over LF (1), Recover onto LF (2)
3&4 Step RF to R side (3), Close LF next to RF (&), Step RF to R side (4)
56 Cross rock LF over RF (5), Recover onto RF (6)
7&8 Step LF to L side (7), Close RF next to LF (&), Step LF to L side (8)

[25-32] CROSS, HOLD, SIDE MAMBO ¼ TURN, ROCK FORWARD, RECOVER, 1/4 TURN CHASSE

12 Cross RF over LF (1), Hold (2)
&34 Rock LF to L side (&), Make ¼ turn R, recovering onto RF (3), Step LF fwd (4) 12:00
56 Rock fwd on RF (5), Recover onto LF (6)
7&8 Make ¼ turn R Stepping RF to R side (7), Close LF next to R (7), Step RF to R side (8) 3:00