Stay With Destiny



拍数: 32 墙数: 2 级数: Intermediate

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音乐: Stay With Me - CHANYEOL & Punch



Intro: 16 counts (start on vocal)

STEP WITH SWEEP, COSS SIDE BEHIND WITH SWEEP, BEHIND, ¼ R, STEP WITH SPIRAL FULL R, RUN FORWARD, FORWARD MAMBO

1 Step forward on left and sweep right from back to front

Cross right over left, step left to left, step right behind left and sweep left from front to back

Step left behind right, ¼ turn right step forward on right, step forward on left spiral full turn

right hooking right over left

6&7 Run forward right, left, right

8&1 Rock forward on left, recover onto right, step back on left

BACK, ½ L, SIDE, BEHIND, ¼ R, PIVOT ½ R, FULL R FORWARD, WALK L-R

2&3 Step back on right, ½ turn left step forward on left, step right to right

4&5& Step left behind right, ¼ turn right step forward on right, step forward on left, pivot ½ turn right

6& ½ turn right step back on left, ½ turn right step forward on right

7-8 Step forward on left, step forward on right

STEP FORWARD, MAMBO, 1/4 L, CROSS, 1/4 R BACK, 1/4 R SIDE, NIGHTCLUB BASICS

1 Step forward on left

2&3& Rock forward on right, recover onto left, step back on right, ¼ turn left step left to left Cross right over left, ¼ turn right step back on left, ¼ turn right step right to right

Rock left behind right, recover onto right, step left to left Rock right behind left, recover onto left, step right to right

SWAY L-R, 1/4 L STEP, 1/2 L BACK, BACK ROCK, RECOVER, 1/2 R, BACK WITH DRAG

2-3 Sway hip to left, sway hip to right

4&5 ½ turn left step down on left, ½ turn left step back on right, rock back on left

6&7-8 Recover onto right, ½ turn right step back on left, step back on right, drag left towards right

foot

REPEAT

Tag 1

After wall 1, do the following 2 counts.

1-2 Rock forward on left, recover onto right and drag left towards right foot

Tag 2

During wall 5, dance to count 16, do the following counts, then restart wall 6 facing back

1&2&	Rock forward o	on left, recover on	to right, step bac	k on left, cross right	i over left
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3&4& Step back on left, ¼ turn right step right to right, cross left over right, step right to right

Step left behind right, step right to right
Rock left over right, recover onto right
Rock left to left, recover onto right

8& Step left behind right, ¼ right step forward on right

1&2& Rock forward on left, recover onto right, step back on left, cross right over left

3&4& Step back on left, ¼ turn right step right to right, cross left over right, step right to right

5& Step left behind right, step right to right

Rock left over right, recover onto right
Rock left to left, recover onto right
Step left behind right, ¼ right step forward on right

RESTART

On wall 4, dance to count 16, then restart dance (facing 12 0'clock)