

# The Wind

拍数: 32      墙数: 4      级数:  
编舞者: Isabella Ghinolfi (IT) - March 2025  
音乐: weren't for the wind - Ella Langley



Start after 32 counts

## R TOE GRIND, R STEP BACK, HOLD, L ROCK BACK, L STOMP UP, L STOMP FORWARD

1-2            I shift my weight onto the right ball of the foot forward, I rotate from left to right (toe grind)  
3-4            Right step back, pause  
5-6            Left step back, I shift my weight onto the right foot  
7-8            Left stomp to the side of the right foot (without weight), left stomp forward  
(Jumping slightly) R KICK FORWARD, STEP R, L KICK FORWARD with ½

## TURN LEFT, STEP LEFT, R ROCK BACK X 2

1-2            Jumping slightly, right kick forward and place the right foot  
3-4            Jumping slightly, left kick forward turning ½ to right (6:00)  
5-8            Still jumping slightly, right step back, I reload the weight to the left and repeat again

## WEAVE TO RIGHT, SLIDE TO RIGHT, L ROCK BACK

1-2            Right step to the right, I cross the left behind the right going to the right  
3-4            Right step to the right, I cross the left in front of the right going to the right  
5-6            Wide right step to the right, I bring the left closer to the right  
7-8            Left step back, I reload the weight to the right

## SLIDE TO LEFT, R ROCK BACK, SIDE ROCK TO RIGHT, RECOVER, SIDE ROCK TO RIGHT, R HITCH-FLICK TURNING ¼ RIGHT

1-2            Wide left step to the left, I bring the right closer to the left  
3-4            Right step back, I reload the weight to the left  
5-6            Right step to the right, I reload the weight on the left, slightly raising the right knee  
7-8            Right step to the right, turning ¼ right, hitch/flick with right

Restart:

at the 16th beat of the 5th wall (we will be turned at 6:00)

At the end, up to the 24th beat, do a left slide to the left and touch the tip of the right foot behind the left.

Restart

[www.wildangels.it](http://www.wildangels.it)  
[info@wildangels.it](mailto:info@wildangels.it)