

# Heard the Beat EZ

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: S.M. Fulton (USA) - March 2025  
音乐: The Time of Our Lives - The Venice Connection



#16-count intro, no tags or restarts

**Walk-walk, forward mambo, back-back, coaster**

1 2 3&4      RL walk-walk, R forward mambo (R forward, L back, R together)  
5 6 7&8      LR back-back, L coaster step (L back, R together, L forward)

**Cross-rock, chasse quarter, rock-recover, coaster**

1 2 3&4      R cross over L, L recover, R side, L together, R quarter to 3:00  
5 6 7&8      L forward-rock, R recover, L coaster step (L back, R together, L forward)

**Side-touch, side-touch, jazz box**

1 2 3 4      R side, touch L next to R, L side, touch R next to L  
5 6 7 8      Jazz box (R cross over L, step back L, side R, L forward slightly)

**FASTER OPTION for counts 1-4: R side (1), cha-cha (2&), L side (3), cha-cha (4&)**

**Broken down, that's R step side, L step next to R, R step next to L, then mirror that.**

**The music is somewhat slow here, so there's plenty of time for the extra steps.**

**ANOTHER OPTION for counts 1-4: R side (&), touch L next to R (1), hold (2). L side (&), touch R next to L (3), hold (4)**

**Side-hold, ball-side-hold, ball-side-hold, step, point out-in-out, hitch**

1 2 & 3 4      R side (1), hold (2), L close next to R (&), R side (3), hold (4)  
& 5 6 &      L close next to R (&), R side (5), hold (6), L close next to R (&)  
7 & 8 &      Point R out to side (7), touch R next to L (&), point R out to side (8), R hitch (&)

Last Update: 20 Mar 2025