

拍数: 48 墙数: 2 级数: Phrased Intermediate
编舞者: Simon Gouin (CAN) & Michaël Tremblay (CAN) - January 2025
音乐: Turbo - Tina Parol, Oh & HUSH



Intro: 32 Counts
Sequence: AA-B-AA-BBBBB

Part A:

A1: SIDE ROCK L, BEHIND-SIDE-CROSS & SWEEP, CROSS, ¼ TURN L, ¼ TURN L, CROSS SHUFFLE

- 1-2 (1) Rock L left; (2) Recover weight back onto R
3 & 4 (3) Cross L behind R; (&) Step R to R side; (4) Cross L over R and sweep R from back to front
5-6 & (5) Cross R over L; (6) ¼ turn L stepping back on L; (&) ¼ turn L with R stepping R side (6:00)
7 & 8 (7) Cross L over R; (&) R to R side; (8) Cross L over R

A2: SWAY, SWAY, HEEL TWIST, HEEL TWIST, STEP ½ TURN R, ½ TURN R, ¼ TURN R POINT

- 1-2 (1) Step R to R and sway hips right; (2) Sway hips left
& 3 & 4 (&) Twist R heel to L; (3) Return heel to center (&) Twist L heel to R; (4) Return heel to center
5-6 (5) Step R forward; (6) Pivot ½ turn right stepping back on L (12:00)
7-8 (7) Pivot ½ turn right stepping on R; (8) Point L to L side with a ¼ turn right (9:00)

A3: BEHIND SIDE CROSS, ¼ TURN R, PONY STEP, COASTER STEP, KICK-BALL-CHANGE

- 1 & 2 & (1) Cross L behind R; (&) Step R to R; (2) Cross L over R (&) ¼ turn L stepping back on R (12:00)
3 & 4 (3) Step back on L and pop R knee; (&) Step back on R; (4) Step back on L and pop R knee
5 & 6 (5) Step R back; (&) Step L next to R; (6) Step R forward
7 & 8 (7) Kick L forward; (&) Step L next to R; (8) Step R in place

A4: KICK, KICK ¼ TURN L, COASTER STEP, STEP ¾ TURN L, BALL SLIDE, STOMP

- 1 - 2 (1) Kick L forward; (2) Kick L to the left while making a 1/4 turn left (3:00)
3 & 4 (3) Step L back; (&) Step R next to L; (4) Step L forward
5 - 6 (5) Step R forward; (6) Pivot ¾ turn left (6:00);
& 7 - 8 (&) Step ball of R next to L (7) Big slide L to L side; (8) Stomp R next to L

Part B (HIT IT!):

B1: STOMP (CLAP), HITCH (PUNCH), COASTER STEP, 2X CRANK & HIP TURN ¼ TURN L, COASTER STEP

- 1 & 2 (1) Stomp R and Clap; (&) Pull R fist back (2) Hitch L Knee and punch R fist forward
3 & 4 (3) Step L back; (&) Step R next to L; (4) Step L forward
5 - 6 (5) Hitch R Knee and bump R Hip, making a ¼ turn L; (6) Repeat (6:00)
7 & 8 (7) Step R back; (&) Step L next to R; (8) Step R forward

B2: STEP, HIP BUMP, STEP HIP BUMP, ROCKING CHAIR, STEP, STOMP

- 1 & 2 (1) Step L forward and Bump L hip left; (&) Bump L hip back; (2) Bump L hip left
3 & 4 (3) Step R forward and bump R hip right; (&) Bump R hip back; (4) Bump R hip right
5 & 6 & (5) Rock forward on L; (&) Recover on R; (6) Rock back on L; (&) Recover on R
7 - 8 (7) Step L forward; (8) Stomp R next to L

ENDING : On the last B wall, dance trough count 8 and finish the dance with a high kick

