

Get The Job Done

COPPER **NOB**
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Garrett Boyd (USA) - March 2025
音乐: The Giver - Chappell Roan



Restart: 1 on wall 5 after 32 counts

Intro: 16 counts

[1 - 8] STEP HITCH, SAILOR, BEHIND SIDE CROSS, FORWARD MAMBO

1, 2 Step diagonal on R [1], transfer weight to L while hitching R knee [2]
3 & 4 Cross R behind L [3], step L out to left [&], step R out to right [4]
5 & 6 Cross L behind R [5], step R out to right [&], cross L over R [6]
7 & 8 Step R forward [7], recover back onto L [&], step R behind [8]

[9 - 16] FULL TURN, COASTER, SWEEPS (X4)

1, 2 Turn ½ over left shoulder stepping L forward [1], turn ½ over left shoulder stepping R back [2]
(12:00)
3 & 4 Step L back [3], step R to meet L [&], step L forward [4]
5, 6 Step forward on R sweeping L forward [5], step forward on L sweeping R forward [6]
7, 8 Step forward on R sweeping L forward [7], step forward on L sweeping R forward [8]

[17 - 24] ROCK RECOVER, ¼ COASTER, STEP, ½ FLICK, FORWARD MAMBO

1, 2 Rock forward on R [1], recover onto L [2]
3 & 4 Turn ¼ right stepping R back [3], step L to meet R [&], step R forward [4]
5, 6 Step forward on L [5], turn ½ over right shoulder jumping onto R leg and flicking L foot behind [6]
7 & 8 Step forward on L [7], recover onto R [&], step L behind [8]

[25 - 32] BALL STEP, PUSH BACK, COASTER, STEP LOCK STEP (X2)

& 1, 2 Step forward on R [&], step forward on L as a prep [1], push back onto R [2]
3 & 4 Step L back [3], step R to meet L [&], step L forward [4]
5 & 6 Step R forward [5], lock L behind R [&], step R forward [6]
7 & 8 Step L forward [7], lock R behind L [&], step L forward [8]

[33- 40] BODY ROLL, KICK, COASTER, CHASE TURN, FULL TURN

1 - 2 Step forward on R rolling body forward from head down, transfer weight to L and kick R forward
3 & 4 Step R back, step L next to R, step R forward
5 & 6 Step L forward, turn ½ right taking weight on R, step L forward
7 - 8 Turn ½ left stepping back on R, turn ½ over left stepping forward on L

[41- 48] SCISSOR STEP, ¼ HEEL GRIND, ¼ BEHIND SIDE FWD, ½ PIVOT

1 & 2 Step out right on R, recover onto L, step forward on R
3 - 4 Dig L heel forward turning ¼ turn left, step R to right
5 & 6 Cross L behind R, turn ¼ right stepping R forward, step L forward
7 - 8 Step R forward, turn ½ over left transferring weight to L

If you try this one out, tag me on Instagram @giraffically_speaking. I'd love to see it!
Check me out on YouTube @GarrettBoydDance