

Crazy Heart

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Crazy Heart - Black Sands



The dance starts after 32 counts

section 1 : STEP FWD, ½ TURN L, ½ TURN L STEP BACK, HOLD ,COASTER STEP, HOLD X2

1-2 step Rf fwd , pivot ½ turn L
3-4 ½ turn L step Rf back, hold
5-6-7-8 step Lf back , step Rf next to Lf, step Lf fwd , hold

section 2 : MAMBO FWD , HOLD, COASTER STEP, HOLD

1-2-3-4 step Rf fwd, recover onto Lf, step Rf back , hold
5-6-7-8 step Lf back, step Rf next to Lf, step Lf fwd, hold

section 3 : ROCK FWD , ROCK SIDE, BEHIND , ¼ TURN L STEP FWD, STEP FWD, HOLD

1-2 step Rf fwd, recover onto Lf
3-4 step Rf on side, recover onto Lf
5-6 cross Rf behind Lf, ¼ turn L step Lf fwd 9:00
7-8 step Rf fwd, hold

section 4 : MAMBO FWD, HOLD, COASTER STEP, STEP FWD

1-2-3-4 step Lf fwd , recover onto Rf , step Lf back , hold
5-6-7-8 step Rf back,step Lf next to Rf , step Rf fwd, step Lf fwd
RESTART HERE WALL 2 (facing 3:00) and WALL 5 (facing 12:00)

section 5 : SIDE TOUCH X2, SIDE, TOGETHER, SIDE, TOUCH

1-2 step Rf on side, touch Lf next to Rf
3-4 step Lf on side, touch Rf next to Lf
5-6 step Rf on side, step Lf together Rf
7-8 step Rf on side, touch Lf next to Rf

section 6 : SIDE TOUCH X2, ¼ TURN L, TRIPLE FWD, TOUCH

1-2 step Lf on side, touch Rf next to Lf
3-4 step Rf on side, touch Lf next to Rf
5-6-7-8 ¼ turn L step Lf fwd, step Rf next to Lf, step Lf fwd , touch Rf next to Lf 6:00

section 7 : SCISSORS CROSS, HOLD, SCISSORS CROSS, HOLD

1-2-3-4 step Rf on side, step Lf next to Rf, cross Rf over Lf , hold
5-6-7-8 step Lf on side, step Rf next to Lf, cross Lf over Rf , hold

section 8 : MAMBO ½ TURN R , HOLD, STEP FWD , ½ TURN R , STEP FWD, HOLD

1-2-3-4 step Rf fwd, recover onto Lf , ½ turn D step Rf fwd, hold 12:00
5-6-7-8 step Lf fwd , ½ turn R, step Lf fwd, hold 6:00

start again with smile

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