

Run Through the Milky Way

COPPER KNOB
STEEL ON STEEL

拍数: 64 墙数: 4 级数: Easy Intermediate
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音乐: Run - Duncan Toombs : (ALBUM: STEEL ON STEEL)



Introduction : 32 Beats

FORWARD, FORWARD, SHUFFLE FORWARD, FORWARD, ROCK, 1/2 SHUFFLE FORWARD

1, 2 Step R Forward, Step L Forward,
3 & 4 Shuffle Forward Step : R-L-R,
5, 6 Step L Forward, Rock Back Onto R,
7 & 8 Turn 180° Left Shuffle Forward Step : L-R-L (6.00)

1/4 SIDE, DIP BEHIND, SIDE SHUFFLE, ACROSS, ROCK, SIDE SHUFFLE

1, 2 Turn 90° Left Step R To The Side, Dipping Down Step L Behind Right, (3.00)
3 & 4 Side Shuffle To The Right Step : R-L-R,
5, 6 Step L Across In Front Of Right, Rock Back Onto Right,
7 & 8 Side Shuffle To The Left Step : L-R-L. (3.00)

ACROSS, SIDE, BEHIND-SIDE-ACROSS, 1/4 BACK, BACK, COASTER STEP

1, 2 Step R Across In Front Of Left, Step L To The Side,
3 & 4 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,
5, 6 Turn 90° Right Step L Back, Step R Back, (6.00)
7 & 8 Coaster : Step L Back, Step R Together, Step L Forward. (6.00)

1/2 SHUFFLE BACK, 1/2 SHUFFLE FORWARD, PADDLE TURN, PADDLE TURN

1 & 2 Turn 180° Left Shuffle Back Step : R-L-R, (12.00)
3 & 4 Turn 180° Left Shuffle Forward Step : L-R-L, (6.00)
5, 6 Paddle : Step R Forward, Turn 90° Left Take Weight Onto L, (3.00)
7, 8 ## Paddle : Step R Forward, Turn 90° Left Take Weight Onto L. (12.00)

ACROSS, SIDE, SAILOR STEP, ACROSS, SIDE, 1/4 SAILOR

1, 2 Step R Across In Front Of Left, Step L To The Side,
3 & 4 Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,
5, 6 Step L Across In Front Of Right, Step R To The Side,
7 & 8 Turn 90° Left Sailor Step : L-R-L. (9.00)

PIVOT TURN, 1/2 BACK-LOCK-BACK, BACK-LOCK-BACK, BACK, ROCK

1, 2 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (3.00)
3 & 4 Turn 180° Left Step R Back, Lock L Across In Front Of Right, Step R Back,(9.00)
5 & 6 Step L Back, Lock R Across In Front Of Left, Step L Back,
7, 8 ^^ Step R Back, Rock Forward Onto L. (9.00)

FORWARD, FORWARD, KICK BALL CROSS, SIDE, ROCK, BACK, ROCK

1, 2 Step R Forward, Step L Forward,
3 & 4 Kick R Forward, Step R Together, Step L Across In Front Of Right,
5, 6 Step R To The Side, Side Rock Onto L,
7, 8 # Step R Back, Rock Forward Onto L. (9.00)

1/4 BACK, 1/4 FORWARD, SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP

1, 2 Turn 90° Left Step R Back, Turn 90° Left Step L Forward, (3.00)
3 & 4 Shuffle Forward Step : R-L-R,

5, 6 Step L Forward, Rock Back Onto R,
7 & 8 Coaster : Step L Back, Step R Together, Step L Forward. (3.00)

[64] REPEAT THE DANCE IN NEW DIRECTION

RESTART 1 : On WALL 2 dance to BEAT 56 (#) & RESTART facing the FRONT.

RESTART 2 : On WALL 5 dance to BEAT 32 (##) & RESTART facing the BACK.

ENDING : On WALL 7 dance to BEAT 48 (^^) then ADD A PIVOT TURN TO FACE THE FRONT
