

The Belle of Belfast

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Sandy Kerrigan (AUS) - March 2025
音乐: Belle of Belfast City - The Irish Rovers : (iTunes)
或: Drunken Sailor - The Irish Rovers : (iTunes)



Dance Info: Dance starts wt on Left-Dance starts on lyrics.
There are no tags or restarts.

Point R Fwd, Point R Side, Triple Step, Point L Fwd Point L Side, Triple Step 12:00

1 2 3 & 4 Point R Toes Fwd, Point R Toes to R Side, R Triple Step Together (RLR)
5 6 7 & 8 Point L Toes Fwd, Point L Toes to L Side, L Triple Step Together (LRL)

Note Below: Optional arms movements when dancing the toe points.

Both Knees Out, Both Knees In, R Side Shuffle, Heels Switches, Step Drag, Tap 12:00

1 2 Push Both Knees Out, Push Knees in Together (Think Frog Legs) wt on L

Ending: The Bell of Belfast: Finishes on Frog Legs Out, In

3 & 4 Step R to R, Step L next to L, Step R to R

5 & 6 & L Heel Fwd, Step L next to R, R Heel Fwd, Step R next to L

7 8 Step L to L Side-Dragging R to L (Wide Step), Tap R next to L

Ending: Hang onto cnt 7; keep dragging the R to L

Cross R over L to Finish: Ta Dah (Drunken Sailor).

Cross Rock Step, R Side Shuffle, Cross Rock Step, L Side Shuffle with ¼ Turn L 9:00

1 2 3 & 4 Cross Rock R over L, Rep Back to L, Step R to R, Step L to R, Step R to R Side

5 6 7 & 8 Cross Rock L over R, Rep Back to R, Step L to L, Step R to L, ¼ Step Fwd L

When Dancing the Cross Rocks: Swing your arms naturally across your body

Step Fwd R, ¼ Pivot Turn L, R Cross Shuffle, L Vine, Scuff 6:00

1 2 3 & 4 Step Fwd R, ¼ Pivot Turn L-wt on L, Cross R over L, Step L to L, Cross R over L

5 6 7 8 Step L to L Side, Cross R Behind L, Step L to L, Scuff R Fwd

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Note: When dancing the toe points: Optional ARMS

Point R Toe Fwd: Both arms straight fwd palms facing down (cnt 1)

Point R Toe to R Side: R arm to R Side – shoulder height (straight arm)

L arm at L shoulder height under your chin-Bent elbow-Palms Down (cnt 2)

Drop the arms to your side on the triple steps.

L Points:

Point L Toe Fwd: Both arms straight fwd palms facing down (cnt 5)

Point L Toe to L Side: L arm to L Side – shoulder height (straight arm)

R arm at R shoulder height under your chin-Bent elbow-Palms Down (cnt 6)

Head dances in the same direction as your arms.