

# Carolina

拍数: 64      墙数: 4      级数: High Beginner  
编舞者: Chelsea Gillum (AUS) - February 2025  
音乐: Carolina - Chloe Marks & The Mayhem



Tag: 1

\*WALL 5 – after Left shuffle, R back rock, Add R Kick Ball Change before going into Right vine. Facing 3:00

Intro: Starts just before lyrics, approx. 16 counts in.

## R STOMP, 3X HEEL PUMPS, L STOMP, 3X HEEL PUMPS,

1 - 4            Stomp R forward (1), Lift R heel up and down (2, 3, 4)

5 - 8            Stomp L forward (1), Lift L heel up and down (2, 3, 4)

## CROSS STEP & POINT x4

1, 2            Step R across L (1), Point L foot to L side (2),

3, 4            Step L across R (3), Point R foot to R side (4),

5, 6            Step R across L (5), Point L foot to L side (6),

7, 8            Step L across R (7), Point R foot to R side (8),

## TOE STRUT JAZZ BOX ¼ RIGHT

1, 2            Cross R over L – Toe down first (1) then heel (2)

3, 4            Step L backwards – toe down first (3) then heel (4)

5, 6            Step R to R side making ¼ turn right – Toe down first (5) then heel (6)

7, 8            Step L next to R – toe down first (7) then heel (8)

## R SIDE SHUFFLE, L BACK ROCK, L SIDE SHUFFLE, R BACK ROCK

1 & 2           Step R to R side (1), Step L next to R (&), Step R to R side (2)

3, 4            Rock L behind R (3), Recover weight onto R (4)

5 & 6           Step L to L side (5), Step R next to L (&), Step L to L side (6)

7, 8            Rock R behind L (3), Recover weight onto L (4)

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## R VINE, L VINE, SCUFF R

1 - 4            Step R to right side (1), Step L behind R (2), Step R to right side (3), Touch L next to R (4).

5 - 8            Step L to left side (5), Step R behind L (6), Step L to left side (7), Scuff R (8)

## STEP R FORWARD, TOUCH L BEHIND R, STEP L BACKWARD, KICK R FORWARD, 2X WALK BACKWARD (RL), RIGHT BACK COASTER

1 - 4            Step R forward (1), Touch L behind R (2), Step L backwards (3), Kick R forward (4)

5, 6            Step R backward (5), Step L backward (6)

7 & 8           Step R backward (5), Step L next to R (&), Step R forward (8)

## STEP L FORWARD, HOLD, R ROCKING CHAIR, STEP R FORWARD DOING FULL TURN OVER LEFT SHOULDER LANDING WEIGHT ON LEFT

1, 2            Step L forward and hold (1, 2)

3, 4            Rock R forward (3), Recover weight L (4)

5, 6            Rock R backward (5), Recover weight L (6)

7, 8            Step R forward to do a full turn over left shoulder landing weight on L (7, 8)

## ½ K STEP, 4X HIP BUMPS/SWAYS

1, 2            Step R forward on diagonal and clap (1), Touch L next to R and clap (2)

3, 4            Step L backward on diagonal and clap (3), Step R next to L and clap (4)

5 – 8

Hip bumps R,L,R,L (5,6,7,8)

**Feel free to create variations to this and have fun!**

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