

I Choose You

拍数: 48
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音乐: I Choose - Alessia Cara

级数: High Intermediate



*Intro - 4×6 counts

SEC 1: Basic Left Forward, Basic Right Backward

1 – 3 Step LF forward, step RF next to Left, replace weight on LF
4 – 6 Step RF backward, step LF next to Right, replace weight on RF.

SEC 2: Twinkle 1/2 Turning Left, Basic Right Backward

1 – 3 Step Left making 1/4 turn Left, step RF next to Left, step Left 1/4 turn to Left (6)
4 – 6 Step RF backward, step LF next to Right, replace weight on RF.

SEC 3: Big Step to Forward Left with Right Développé, Big Step to Back Right, Drag Left Next to Right

1 – 3 Big step LF forward, lift RF forward, Hold
4 – 6 Big step RF back, drag LF next to Right, Hold

SEC 4: Left Piqué Full Turn, Step forward, Full Spiral Left Turn

1 – 3 Step 1/4 Left, Lift RF close to LF making full Left turn, step on RF next to LF (3).
4 – 6 Step LF forward, Ronde Right forward and tuck Left next to Right into spiral full Left turn

SEC 5: 3/8 Diamond

1 – 3 Step LF forward, step RF to Right, step LF 1/8 Left back (1.30)
4 – 6 Step RF back, step LF 1/8 to Left, step RF 1/8 Left forward (10.30)

SEC 6: 3/8 Modified Diamond

1 – 3 Step LF forward, step RF 1/8 to Right, step LF 1/8 Left back (7.30)
4 – 6 Step RF back, step LF to 1/8 Left, step RF forward (6)

SEC 7: Cross Left Over Right, Point Right to Right, Unwind R Turn

1 – 3 Step LF over RF, Point Right toe to Right, Hold
4 – 6 Touch RF behind LF, unwind full turning R, end weight on RF. (6)

SEC 8: Balancé Left, Balancé Right

1 – 3 Step LF to Left, Rock RF behind LF, recover weight on LF.
4 – 6 Step RF to Right, Rock LF behind RF, recover weight on RF. (6)

*Restart on Wall 8 - after 24 count.

Step change

Sec 4 to restart: Left Piqué Full Turn, Step forward, 3/4 Spiral Left Turn

1 – 3 Step 1/4 Left, Lift RF close to LF making full Left turn, step on RF next to LF (3).
4 – 6 Step LF forward, Ronde Right forward and tuck Left next to Right into spiral 3/4 Left turn (12).

Tag 1 (end of Wall 2 facing front & end of Wall 5 facing back)

1 – 3 Step LF forward, hold for 2 count
4 – 6 En dehor Right turn
7 – 9 Step RF down, hold for 2 count

Tag 2 (end of Wall 3 facing back)

1 – 3 Step LF forward and drag RF to Left, close RF next to LF, keep weight on RF

Ending Wall 10

Dance up to Sec 2, then step LF forward and point both index fingers to front (I choose you).

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