

Loved One (心所愛的人)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Belinda Yoong (MY) & Lily Liu (MY) - March 2025
音乐: Loved One (心所愛的人) - Tsai Hsiao-hu (蔡小虎)



Sequence: 32/ 32/ 32/ 32/ 32/ 32/ TAG / 32/ 32/ 32/ 32/ 32/ TAG / 32/ 32/ TAG / ENDING

Intro :

(1) SIDE ,TOGETHER , CHASSE RIGHT , ROCKING CHAIR

1 2 Step R to right , Step L beside R
3 & 4 Step R to right , Close L beside R , Step R to right
5 6 Cross rock L over R , Recover on R (facing 1:30)
7 8 Rock L back , Recover on R

(2) Repeat mirror steps to left

(3) WALK ,WALK , SHUFFLE FWD , PIVOT 1/2 TURN RIGHT , SHUFFLE FWD

1 2 Walk fwd on R , L
3 & 4 Shuffle fwd on R L R
5 6 Step L fwd , Pivot 1/2 turn right stepping R fwd (6:00)
7 & 8 Shuffle fwd on L R L

(4) Repeat (3)

SEC 1 (SIDE ROCK , RECOVER , CHA CHA ON THE SPOT) R & L

1 2 ROCK R TO RIGHT , RECOVER ON L
3 & 4 Cha Cha in place R L R
5 6 Rock L to left , Recover on R
7 & 8 Cha Cha in place L R L

SEC 2 (CROSS SHUFFLE WITH TOUCH) R & L

1 2 Cross R over L , Step L to left
3 4 Cross R over L Touch L to left
5 6 Cross L over R , Step R to right
7 8 Cross L over R , Touch R to right

Sec 3 BASIC CHA CHA

1 2 Rock R fwd , Recover on L
3 & 4 Back cha cha on R L R
5 6 Rock L back , Recover on R
7 & 8 Shuffle fwd on L R L

Sec 4 STEP , PIVOT 1/2 TURN LEFT WITH HOOK , SHUFFLE FWD , PADDLE 1/4 TURN LEFT (1/8 , 1/8)

1 2 Step R fwd , 1/2 turn left hooking L (6:00)
3 & 4 Shuffle fwd on L R L
5 6 Step R fwd , 1/8 turn left (weight onto L)
7 8 Step R fwd , 1/8 turn left (weight on L) (3:00)

TAG: ROCKING CHAIR

1 2 Rock R fwd, Recover on L.
3 4 Rock R back, Recover on L.

