

# Cowgirls On

**COPPER KNOB**  
STAMPS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Maggie Shipley (USA) & Cathy Garland (USA) - March 2025  
音乐: Git Yer Cowboy On - Sean Patrick McGraw



**Restarts: One restart on wall 5 (facing 12:00) after 16 counts.**

## **Walk RLR, Hitch L, Step LF Back, Touch RF Back, Shuffle Forward R**

1, 2, 3, 4      Walk RF forward, Walk LF forward, Walk RF forward, Hitch L knee up in air.  
5, 6, 7 & 8      Step LF back, Touch RF back, Step RF forward, Step LF next to R, Step RF forward.

## **Rock LF Forward, Recover R, Hop Out LR, Hold (Clap), Hip Bumps RR, LL**

1, 2, & 3, 4      Rock LF forward, Recover back on RF, Quick step LF to L side, Step RF to R side, Hold (Clap).  
5, 6, 7, 8      Bump hips to R, Bump hips to R, Bump hips to L, Bump hips to L.

**Restart here on wall 5 (12:00)**

## **Vine R with LF Flick, Step L, Flick RF, Step RF Back making 1/4 Turn L, Hook LF over R**

1, 2, 3, 4      Step RF to R side, Step LF behind R, Step RF to R side, Flick LF behind R.  
5, 6, 7, 8      Step LF to L side, Flick RF behind L, Step RF back while making 1/4 turn over your L shoulder, Hook LF over R leg.

## **Shuffle LRL, Shuffle RLR, 1/2 Pivot R, Shuffle LRL**

1 & 2, 3 & 4      Step LF forward, Step RF next to L, Step LF forward, Step RF forward, Step LF next to R, Step RF forward.  
5, 6, 7 & 8,      Step LF forward, Pivot 1/2 turn over your R shoulder, Step LF forward, Step RF next to L, Step LF forward.

**Weight ends on your left, start again! Enjoy! :)**

**Huge thank you to Cathy from Granite State Stomp for choreographing this line dance with me.**

**Last Update: 4 Mar 2025**

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