

The Northern Lights

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Kate Moore (AUS) & Charlie Mifsud (AUS) - March 2025
音乐: Northern Lights - Teddy Swims



Intro: Approx: 16 Counts, Start On Vocals – Weight On Left

Section 1: LONG STEP R NIGHTCLUB, DIAG L SCISSOR, SIDE R, BEHIND L SEEPING R, ¼ L, PIVOT ½ L, FULL ROLLING TURN L HITCH R KNEE

1,2& Long Step R To R Side, Rock L Behind R, Cross R Over L
3&4&5 (Angling Body To 1:30) Step L To L Side, Step R Next To L, Cross L Over R, Step R To R Side
(Squaring Up To 12:00), Step L Behind R Sweeping R From Front To Back
6&7 Step R Behind L, Making ¼ Turn L Step L Fwd, Step R Fwd Making ½ Pivot L Keeping Wgt On R
8&1 Rolling Full Turn L, Step L Fwd, ½ Turn L Step Back On R, ½ Turn L Step L Fwd Hitching R Knee (03:00)

Section 2: BACK R COASTER, ½ L, FULL TURN R, FWD L ¼ SWEEP, CROSS, 1/4, BACK

2&3 Step Back On R, Step L Beside R, Step R Fwd
4,5&6 ½ Turn L Taking Wgt To L, Step R Fwd, ½ Turn R Step Back On L, ½ Turn R Step R Fwd
7 Step L Fwd As You Make ¼ Turn L Sweeping R Around
8&1 Cross R Over L, ¼ Turn R Step Back On L, Step Back On R (L Toe Touching Ground) (09:00)

Section 3: ½ L ROCK BACK ON R, ¼ R, BACK SWEEP, BACK SWEEP, BACK R DRAGGING L, POP L KNEE, STEP WGT TO L

2&3 Step Wgt To L, ½ Turn L Step Back On R, Step Back On L (R Toe Touching Ground)
4& Step Wgt To R, ¼ Turn R Step L To L Side
5,6,7 Step Back On R Sweeping L, Step Back On L Sweeping R, Step Back On R Dragging L To Meet R And Popping L Knee
8 Step Wgt To L (06:00)

Section 4: PRISSY WALKS R, L CHASE ½ L, CHASE ½ R, SIDE R, REOVER TO L DRAGGING R

1,2 Prissy Walk Fwd R, Prissy Walk Fwd L
3&4 Step R Fwd, ½ L Taking Wgt L, Step R Fwd (Chase ½ L)
5&6 Step L Fwd, ½ R Taking Wgt R, Step L Fwd (Chase ½ R)
7,8 Step R To R Side, Recover Wgt To L Dragging R In To Meet L (06:00)

[32]

Restart: Occurs On Wall 3 After 8 Counts. Dance Up To Count 7 Then Make ¼ Turn L Keeping Wgt On L To Restart To 12:00

Ending: Dance Up To Count 16& Then Add ¼ R Stepping R To R Side Dragging L To Finish Facing 12:00

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