

# One Last Time

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Mary Pentangelo (USA) - March 2025  
音乐: One Last Time - Ariana Grande



## #16-count intro...

### [1-8] RF Rocking Chair, RF Side Point and Flick Behind, RF Step Side, LF Cross Behind RF

1-4            RF rock fwd, recover LF, RF rock back, recover LF  
5-8            RF step side, RF flick behind to left, RF step side, LF cross behind RF

### [9-16] RF 1/2 Turn with L Knee Hitch, LF Step Side, RF Cross Behind LF, RF step touch, LF step touch

1-2            RF flips for 1/2 turn over right should with the L knee coming up for hitch  
3-4            LF step side, RF cross behind LF  
5-8            LF step side, RF tap next to LF, RF step side, LF tap next to RF

### [17-24] LF Step Sweep, RF Step Sweep, LF Rock Recover, LF Step Back, RF Hook

1-4            LF step fwd, RF sweep around from side to front, RF step fwd, LF sweep around from side to front  
5-8            LF rock fwd, recover RF, LF step back, RF hook in front of L

### [25-32] RF Step Side 1/4 Turn and Tap, LF Side Shuffle, Heel Switches, Toe Switches

1-2            RF steps to side making a 1/4 over left shoulder, LF taps next to RF  
3-4            LF steps side, RF steps next to LF, LF steps side  
5&6&        RF heel tap front, RF replace next to LF, LF heel tap front, LF replace next to RF  
7&8&        RF toe tap front, RF replace next to LF, LF toe tap front, LF replace next to RF

## Restart the dance

Thank you for checking out my dance!  
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