Good Things in Life



拍数: 56 墙数: 4 级数: Phrased Easy Improver

编舞者: Marie-Odile Jélinek (FR) - March 2025 音乐: Good Things in Life - Adam Brand



Start of the Dance at 32 counts at intro to Lyrics: « We Were Barely Seventeen »

Sequence: A:4 x 32 /B:2 x 24 Instrumental Part /Restart /A: 2 x 32 / A:1 x 24- Final face at 12h Hold on LF

Part A: 32c

[1to8]: SIDE TOUCH-SIDE TOUCH-SID

1&2& RF to R- Touch LF next to RF - LF to L- Touch RF next to LF
3&4 RF to the R – Gather LF next to RF - RF fwd - Touch LF next to RF
5&6& LF to L- Touch RF next to LF – RF to RF- Touch LF next to RF
7&8& LF to L – Gather RF next to LF - LF back-Touch RF next to LF

[9to16]: SYNCOPATED WEAVE R - RECOVER-CROSS-SYNCOPATED WEAVE L - RECOVER-CROSS

1&2& RF to R (1) -Cross LF behind RF (&) -RF to R (2) -Cross LF front of RF (&)

3&4 RF to R (3), Return on LF (&), Cross RF front of LF

5&6& LF to L (1) -Cross RF behind LF (&) -LF to L (2) -Cross RF front of LF (&)

7&8 LF to L (3), Return on LF (&), Cross LF front of RF

[17to24]: SIDE ROCK-CROSS TRIPLE LATERAL-SIDE ROCK-CROSS -SAILOR STEP SAILOR 1/4 TURN

1 -2 Rock Step RF to R – Return on LF

3&4 Cross RF front of LF- LF to L – Cross RF front of LF

5-6 Rock Step LF to L – Return on RF

7&8 Cross LF behind RF in ¼ Turn to L - RF to R -Step L fwd

Dance will stop after the 3rd section of 7&8 of last Wall facing 3h

[25-32]: R STEP FWD-L TAP BACK-BACK STEP-KICK FORWARD--BACK STEP LOCK STEP-COASTER STEP-KICK BALL STEP

1&2& RF fwd – Touch Point LF behind RF- Pose LF in back-Kick RF fwd

3&4 RF back - Lock LF front of RF - RF Back (RLR)
5&6 LF in Back -RF next to LF -LF fwd - (BW LF)

7&8 Kick RF fwd – Ball RF – Pose LF fwd

Part B: Instrumental of 24 counts at dancing 2 times

[33-40]: VINE RIGHT- VINE LEFT 1/4 TURN LEFT - R CROSS RECOVER R SIDE -L CROSS RECOVER-L

SIDE

1&2& RF to R- Cross LF behind RF-RF to R- Touch LF next to RF
3&4& LF to L - Cross RF behind LF in ¼ Turn to L - Scuff RF next to LF
5&6 Cross RF front of LF (5) -Return hold on LF (&) -RF to R (6)
7&8& Cross LF front of RF (7) -Return hold on RF (&) -LF to L (8)

[41-48] STEP ½ LEFT - TRIPLE Fwd--ROCK STEP - COASTER STEP

1-2 Step RF front ½ Turn to L- LF fwd- RF back

3&4 Triple Step: forward: RF-LF-RF

5-6 Rock Step LF fwd – Return BW on RF

7&8 LF back- RF next to LF -LF fwd

[49-56] SCISSORS CROSS R-L -SCISSOR STEP WITH 1/4 TURN L- TRIPPLE FULL TURN L (L.R.L)

1&2 RF to R- Gather LF close to RF (hold LF) -Cross RF front of LF 3&4 LF to L- Gather RF close to LF (hold RF) -Cross LF front of RF 5&6 RF to R- Gather LF close to RF (hold LF) - 1/4 Turn to the L - RF forward

7&8 Complete Turn in Triple Step to the R :1/2 Turn LF fwd-Gather RF next to LF-1/2 Turn LF fwd

« Joyeuse Danse pour fêter les Belles Choses de la Vie »

^{*1}Restart after the 2nd Instrumental part of 24 counts x 2 – Resume Dance For the Final: Forward RF facing to 3h in a $\frac{1}{4}$ Turn to the Left facing at 12h