

Not Your Man

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Lynn Funk (USA) - February 2025
音乐: Not Your Man - Teddy Swims



Dance starts at vocals about 32 counts.

No Tags, No Restarts

Section 1: Right Point Hold, Right Ball Step, Left Point Hold, Left Ball Step, Right Rocking Chair

1,2&3,4 Point RF to Right and Hold, Ball Step RF Next to LF, Point LF to Left and Hold
&5-8 Ball Step LF Next to RF, Rock RF Fwd, Recover LF, Rock RF Back, Recover LF (Rocking Chair)

Section 2: Full Left Turn, Rock RF Fwd/Recover on LF, Right Back Coaster Step, Cross Shuffle

1-4 Step RF Fwd Turn 1/2 Left, Step LF Back Turn 1/2 Left, Rock RF Fwd, Recover Back on LF
5&6, 7&8 Step RF Back, Step LF Next to RF, Step RF Slightly Fwd (Coaster Step), Cross LF over RF, Step on RF, Cross LF over RF (Cross Shuffle)

Option on Full Turn - Instead of Full Turn, Just Rock RF Fwd, Recover Back on LF. You will do that again for counts 3-4

Section 3: RF to Right & Hold, LF Ball Step, RF to Right & Hold, Rock LF Back/Recover on RF, Pivot R 1/2

1,2&3,4 Step RF to Right and Hold, Ball Step LF Next to RF, Step RF to Right and Hold
5-8 Rock LF Back, Recover on RF, Step LF Fwd, Pivot 1/2 Right, Step RF to Right (6:00)

Section 4: Left Sailor, Right Sailor, Pivot 1/2, Turn 1/4 Turn x 2 & Cross LF over RF

1&2, 3&4 Step LF Behind RF, Step RF to Right, Step LF to Left, Step RF Behind LF, Step LF to Left, Step RF to Right (Left and Right Sailor Steps)
5,6 7&8 Step LF Fwd, Pivot 1/2 Right Stepping on RF, Step LF Fwd Turn Right 1/4, Turn Right 1/4 Step RF to Right, Cross LF over RF

End of Dance.

Thank you for looking at my dance.

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