

The Fiery-Red Sarilang (火红的萨日朗)

COPPERKNOB
BY STEPHEN

拍数: 32
编舞者: Penny Tan (MY) - March 2025

墙数: 4

级数: Beginner

音乐: The Fiery-Red Sarilang (火红的萨日朗) (DJ阿卓版) · (Wulan Tuoya) 乌兰托娅



Intro 32C – No Tag / No Restart

SEC1:BASIC CHA CHA R-L

1-2 Rock RF fwd ,recover on LF
3&4 Step RF back , cross LF next to RF , step RF back
5-6 Rock LF back, recover on RF
7&8 Step LF fwd, step RF next to LF , step LF fwd

SEC2:ROCKING CHAIR , 1/4 TURN R MONTEREY

1-2 Rock RF fwd , recover on L
3-4 Rock RF back , recover on L
5-6 Point R toes to R side , ¼ turn R , step RF next to LF (3:00)
7-8 Point LF to L , step LF next to RF

SEC3:SWAY , SWAY , SIDE CHASSE R-L

1-2 Step RF to R with sway , step LF on L with sway
3&4 Step RF to R ,step LF next to RF , step RF to R
5-6 Step LF to L with sway , step RF on R with sway
7&8 Step LF to L , step RF next to LF, step LF to L

SEC4:BACK ROCK , RECOVER , REVERSE COASTER STEP , PIVOT 1/2 R FWD SHUFFLE

1-2 Rock RF back , recover on L
3&4 Step RF fwd, step LF next to RF , step RF back (optional: fwd shuffle R-L-R)
5-6 Step LF fwd , ½ turn R , step RF fwd (optional:pivot 1/2 turn R)
7&8 Fwd shuffle L-R-L

Start again.

Ending Last wall is W11 ,dance up to count 12, then cross RF over LF and ½ turn L to make a post facing
12:00

Last Update: 28 Feb 2025