

My Shining Light

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Scott Schrank (USA) - February 2025
音乐: Shining Light - Aime Simone



Intro: 64 counts when music begins. (33 Seconds In)
(Dance Sequence: 32:32:32:32:32:32:32:(Tag):32 to end)

SIDE, CLOSE, SIDE-TOGETHER-SIDE, ROCK, RECOVER, SIDE-TOGETHER-TURN

1-2 Step LF left (1), Close Close RF next to LF (2)
3&4 Step LF left (3), Close RF next to LF (&), Step LF left (4)
5-6 Rock RF over LF (5), Recover to LF (6)
7&8 Step RF right (7), Step LF next to RF (&), Make 1/4 turn right stepping RF forward (8) [3:00]

STEP, PIVOT 1/2, SWAY, SWAY, STEP-CLOSE-STEP, SWAY, SWAY

1-2 Step LF forward (1), Pivot 1/2 turn right on balls of feet (2) [9:00]
3-4 Step LF forward while swaying hips over LF (3), Rock back onto RF swaying hips over RF (4)
5&6 Step LF forward (5), Close RF next to LF (&), Step LF forward (6)
7-8 Step RF forward while swaying hips over RF (7), Rock back onto LF swaying hips over FL (8)

SWEEP, SWEEP, SAILOR 1/2 TURN, STEP, PIVOT 1/4, CROSS-BALL-CROSS

1-2 Step RF back sweeping LF behind RF (1), Step LF back sweeping RF back (2)
3&4 Step RF behind LF making 1/4 turn right (3), Step LF next to RF (&), Make 1/4 turn right on ball of LF stepping RF forward (4) [3:00]
5-6 Step LF forward (5), Pivot 1/4 turn right on balls of feet (6) (Weight the RF) [6:00]
7&8 Cross step LF over RF (7), Step ball of RF right (&), Cross step LF over RF (8)

ROCK, RECOVER, BALL-SIDE-TOUCH, ROCK FORWARD, RECOVER SAILOR, 3/4 TURN CROSS

1-2 Rock RF right (1), Recover weight to LF (2)
&3-4 Step ball of RF next to LF (&), Step LF left (3), Touch toes of RF next to LF (4)
5-6 Rock forward on RF (5), Recover weight to LF (6)
7&8 Make a 3/4 turn right stepping RLR (7&8) (Finish with RF over LF) [3:00]

Easier option for 7&8:

7&8 Step RF slightly back, (7), make 1/4 turn left stepping LF left (&), Cross step RF over left (8)

Begin again!

***TAG Tag happens at the end of the 7th rotation (Facing 9:00 Wall)**

1-2 Step LF left (1), Touch R toes next to LF
3-4 Step RF right (3), Touch L toes next to RF