

# No ABpologies for Cutting a Rug

**COPPER** KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Sue Korek (USA) - 25 February 2025  
音乐: Apologize - Luke Bryan  
或: Dancing's Done - Ava Max



## Alternate Music:

Dancing's Done (Ava Max—27 January 2023) Intro: 34 seconds on lyrics "I wanna give into...", bpm=114

Intro: 16 counts, start on vocals

### Section 1 (POINT, TOUCH, HEEL, LIFT, VINE RIGHT)

1-2            Point R to right, touch R beside L  
3-4            Touch R heel forward, lift R heel to left leg (just below knee)  
5-6            Step R to right, step L behind R  
7-8            Step R to right, touch L beside R

### Section 2 (POINT, TOUCH, HEEL, LIFT, VINE LEFT)

1-2            Point L to left, touch L beside R  
3-4            Touch L heel forward, lift L heel to right leg (just below knee)  
5-6            Step L to left, step R behind L  
7-8            Step L to left, touch R beside L

### Section 3 (FORWARD RIGHT RUMBA BOX)

1-2            Step R to right side, step L beside R  
3-4            Step R forward, touch L beside R  
5-6            Step L to left side, step R beside L  
7-8            Step L back, touch R beside L

### Section 4 (V-STEP, 1/4 TURN RIGHT STEP R CLAP, L CLAP)

1-2            Step R forward, step L forward  
3-4            Step R back, step L back  
5-6            Cross R over L, step L back  
7-8            Turn 1/4 right step R (with clap), step L beside R (with clap)

Enjoy this Absolute Beginner dance!

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