Do it Anyways (P)

拍数: 32

级数: Partner

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音乐: Do It Anyway - Jade Eagleson

Starts in side by side 2 hand hold position, Like foot work, 1 restart Start: With Lyrics, 32 counts in

[1-8] Step Lock and Shuffle. Step Lock and Shuffle

1,2,3&4 Step fwd R, lock L behing R, Shuffle fwd R, L, R 5,6,7&8 Step fwd L, Lock R behind L, Shuffle fwd L, R, L

[9-16] Right Heal, Hold, and Left Heal Hold, and Right Heal and Left Heal and Stomp Fwd R, L

- Touch R heal fwd, hold, and step R beside L and put L heal fwd, Hold 1.2&3.4
- &5&6&7,8 Step L beside R, touch R heal, step R next to L, touch L heal, step L next to R, and stomp fwd R, L

Restart here after 3rd time around

[17-24] Lindy to the Right, Lindy to the Left

- Step side R, step L beside R, step side R, rock back on L, recover fwd on R 1&2,3,4
- 5&6,7,8 Step side L, step R beside L, step side L, rock back on R, recover fwd on L

[25-32] (Gentleman) Rocking chair, Step 1/2 pivot, Step 1/2 pivot

(Ladies) (4x)Step 1/2 pivot

- 1,2,3,4 (Gentleman) Step fwd R, recover back on L, step back on R, recover fwd on L
- Step fwd R, 1/2 turn pivot on ball of L weight goes fwd on L, step fwd R, 1/2 turn pivot on ball 5,6,7,8 of L, weight on L
- (Ladies) Step fwd on R, 1/2 turn pivot on ball of L, weight goes on L, Step fwd R, 1/2 turn 1,2,3,4 pivot on ball of L, weight on L
- Step fwd on R, 1/2 turn pivot on ball of L, weight goes on L, Step fwd R, 1/2 turn pivot on ball 5,6,7,8 of L, weight goes on L

(Arms) On count 1of last 8 drop left hand bring right hand up over ladies head keep right hand for 2-6, drop right hand and pick up left hand on count 7, and re-connect right hand over ladies shoulder on count 8

****Repeat and have fun !!!****





墙数:0