

Pilgrim On The Road

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
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音乐: Pilgrim on the Road - Paddy and the Rats : (Celtic Rock)



[1-8] SYNCOPATED ROCK, SIDE R, SIDE L, HEEL R, HEEL L, HEEL R, CLAP X2

- 1-2& Step right foot to the right, recover on left foot, bring right foot next to left foot
3-4& Step left foot to the left, recover on right foot, bring left foot next to right foot
5&6& Right heel forward, bring right foot next to left foot, left heel forward, bring left foot next to right foot
7&8 Right heel forward, clap hands twice

[9-16] SHUFFLE FWD, STEP TURN R, CHASSÉ FWD, FULL TURN L

- 1&2 Shuffle forward (right-left-right)
3-4 Step left foot forward, ½ turn right
5&6 Shuffle forward (left-right-left)
7-8 Full turn left (½ turn left, right foot behind, ½ turn left, left foot forward)

Option: Step right foot forward, step left foot forward

Restart here on the 5th wall

[17-24] HEEL R, HEEL L, TOUCH R X2, HEEL L, HEEL R, TOUCH L X2

- 1&2 Right heel forward, bring right foot next to left foot, left heel forward, bring left foot next to right foot
3-4 Touch right toe to the right twice, bring right foot next to left foot
5&6 Left heel forward, bring left foot next to right foot, right heel forward, bring right foot next to left foot
7-8 Touch left toe to the left twice

[25-32] LEFT ¼ TURN COASTER STEP, SCUFF HITCH STEP R, SCUFF HITCH STEP L, ROCK BACK

- 1&2 ¼ turn left, step back on right foot, left foot next to right, right foot forward
3&4 Scuff right foot, hitch right knee, step right foot forward
5&6 Scuff left foot, hitch left knee, step left foot forward
7-8 Rock back on right foot, recover on left foot

TAG 1: PADDLE FULL TURN RIGHT & LEFT

After walls 2, 7 and 10

- 1-2 ¼ turn right, paddle on left foot, ¼ turn right

(Hands on hips for 8 counts)

- 3&4 Paddle on left foot, ¼ turn left, paddle on left foot, ¼ turn left
5&6 Paddle on right foot, ¼ turn left, paddle on right foot, ¼ turn left
7&8 Paddle on right foot, ¼ turn left, paddle on right foot, ¼ turn left

TAG 2: ROCKIN' CHAIR

After wall 12

- 1-2 Step right foot forward, recover on left foot
3-4 Step right foot back, recover on left foot