

Mèng (梦)

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: High Improver
编舞者: Molly Yeoh (MY) - February 2025
音乐: Meng (梦) - Angela Ching (安祈爾)



Intro: 16c

Intro dance = *Tag (16c) at
Add Tag, end of Section 4: of W2 (3:00), W6 (9:00) & W8 (12:00)
and W4 (6:00) X2 (repeat)

Tag (16c)

Section 1: (WALK, SHUFFLE FWD, PIVOT R ½ TURN) X2

1 2 3&4 Walk RF, LF fwd, RF fwd, LF closed to RF, RF fwd
5 6 7&8 LF fwd, ½ R turn, RF fwd, LF fwd, RF closed to LF, LF fwd

Section 2: Repeat Section 1 (1 to 8)

MAIN DANCE:

Section 1: ROCKING CHAIR, R CHASSE

1 2 3 4 Rock RF fwd recover LF, rock RF back recover LF
5 6 7&8 RF step to R, LF closed in RF step to R, LF closed in, RF step to R

Section 2: ROCKING CHAIR, L CHASSE

1 2 3 4 Rock LF fwd recover RF, rock LF back recover RF
5 6 7&8 LF step to L, RF closed in LF step to L, RF closed in, LF step to L

Section 3: FWD, PIVOT L ½ TURN, SHUFFLE FWD, FWD, PIVOT R ½ TURN, SHUFFLE FWD

1 2 3&4 RF fwd, pivot L ½ turn, LF fwd, RF fwd, LF closed in, RF fwd
5 6 7&8 LF fwd, pivot R ½ turn, RF fwd LF fwd, RF closed in, LF fwd

Section 4: RUMBA BOX

1 2 3&4 RF step to R, LF closed in, RF step fwd, LF step beside RF, RF fwd
5 6 7&8 LF step to L, RF closed in, LF step back, RF step beside LF, LF back

Add *tag 16 on W2, W4 (2x), W6, W8

Section 5: ROCK BACK RECOVER, ¼ R TURN, SHUFFLE FWD, LF POINT TO LEFT, SLIDE IN

1 2 3&4 Rock RF back recover LF, R ¼ turn, RF step fwd, LF closed in, RF fwd
5 6 7 8 LF point to L side@5, LF slide in 2 counts 6, 7, step beside RF in @8)

Enjoy!

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