

Vivir Mi Vida

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Seonhee Lim (KOR) - February 2025
音乐: Vivir Mi Vida - Marc Anthony



Sec 1 Side, Rock Back, Cross R L, FW Mambo, Coaster Cross

1-2& RF Side, LF Rock back, RF Cross
3-4& LF Side, RF Rock Back, LF Cross
5&6 RF Forward rock, LF Recover, RF Back
7&8 LF Back, RF Together, LF Cross

Sec 2 Side, Together, Chasse 1/4 R, Rock, Recover Chasse 1/2 L

1-2 RF Side, LF Together
3&4 RF Side, LF Together, 1/4 R Turn FW (3:00)
5-6 LF Forward rock, RF Recover
7&8 LF 1/4 L Turn side, RF Together, LF 1/4 L Turn forward (9:00)

Sec 3 FW 1/4 L Flick, Cross Shuffle, Side Mambo L,R

1-2 RF Forward, RF 1/4 L Trun Flick (6:00)
3&4 RF Cross, RF Side, LF Cross
5&6 LF Side rock, RF Recover, LF Together
7&8 RF Side rock, LF Recover, RF Together

Sec 4 Samba R L, Cross Rock, Recover, Back Rock, Recover,

8 /1 L Forward Rock, Recover, Back Rock, Recover
1&2 RF Cross, LF Side rock, RF Recover
3&4 LF Cross, RF Side rock, LF Recover
5&6& RF Cross rock, LF Recover, RF Back rock, LF Recover (4:30)
7&8& RF 8/1 L Trun FW rock, LF Recover, RF Back rock, LF Recover (3:00)
