

# Whole Lotta Quit

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Lesley Stewart (SCO) & Kirsteen Currie (UK) - November 2024  
音乐: Whole Lotta Quit - Randy Houser



**Intro: 16 count intro from heavy beat, start on vocals**

**Tag: At the end of walls 2 & 6 add a right Rocking Chair**

**Note: The music goes quiet for a bit, just dance as normal, the beat will come in on wall 12, dance 29 counts add an & beat and start again.....its sounds hard but its not**

## HEEL, HEEL, TOE, TOE, HEEL, TOE, POINT, FLICK

1-2                      Tap right heel forward x2  
3-4                      Tap right toe back x2  
5-6                      Tap right heel forward, tap right heel back  
7-8                      Touch right out to right side, flick right behind left

## RIGHT VINE, ROLLING VINE LEFT

1-2                      Step right to right side, step left behind right  
3-4                      Step right to right side, touch left next to right  
5-6                      ¼ turn left stepping forward on left, ½ turn right stepping back on right  
7-8                      ¼ turn left stepping left to left side, touch right next to left

## SHUFFLE FORWARD, STEP ½ TURN, SHUFFLE FORWARD, FULL TURN LEFT or WALK FORWARD

1&2                      Step forward on right, step left next to right, step forward on right  
3-4                      Step forward on left, ½ turn right  
5&6                      Step forward on left, step right next to left, step forward on left  
7-8                      ½ turn left stepping back on right, ½ turn left stepping forward on left

**Easy Option: Walk forward right, left**

## SIDE HOLD, SIDE HOLD, SIDE TOUCH, ¼ SCUFF

1-2                      Step right to right side, Hold  
&3-4                      Step left next to right, step right to right side, Hold  
&5-6                      Step left next to right, step right to right side, touch left next to right  
7-8                      ¼ left stepping forward on left, scuff right forward

## Tag: Rocking Chair

1-2                      Rock forward on right, recover  
3-4                      Rock back on right, recover

**Start Again.....Happy Dancing..... :)**