

Petrics Best

拍数: 80 墙数: 0 级数: Phrased Improver
编舞者: Ivonne Verhagen (NL) - February 2025
音乐: The Best - Petric



Description: AB dance (A 48 COUNTS / B 32 COUNTS)

Intro: 16 Counts, Approx 8 seconds

Sequence A-A B-B A B-B A(32counts) TAG B-B

PART A

SEC 1 - Side rock step, behind side cross, side, rock, step, behind side forward

1,2 rock right to the right side, recover on left
3&4 step right behind left, step left to the left side, cross right over left
5,6 rock left to the side, recover on right
7&8 step left behind right, step right to the side, step left FWD

SEC 2 - Step FWD hold, & step FWD hold, & step FWD half turn left, walk, right walk left,

1,2& step right FWD, hold, close left to right
3,4& step right FWD, hold, close left to right
5,6 step right FWD, pivot half turn left
7,8 step right FWD, step left FWD

SEC 3 Repeat section 1

SEC 4 Repeat section 2

SEC 5 - Rock step, shuffle back, rock step, shuffle forward

1,2 rock right forward, recover on left
3&4 step right back, close left to right, step right back
5,6 rock left back, recover on, right
7&8 step left forward, close right to left, step left forward

SEC 6 - Jazz box, hold four counts

1-4 cross right over left, step left back, step right to the side, step left FWD
5-8 step right to the side (the weight on both feet) hold for four counts

PART B

SEC 1 - Out out hold, sailor step, sailor quarter turn left, 2X walk 1/8 turn left

&1,2 step right out, step left out, hold
3&4 Cross right behind left, step left slightly to the left side, step right slightly right
5&6, 1/4 turn left & cross left behind right, step right slightly to the side, step left slightly to the side
7,8 1/8 turn left & step right FWD, 1/8 turn left & step left FWD

SEC 2 - 1/4 turn, left, shuffle, 2X walk 1/8 turn left, 1/4 turn, left, shuffle, 2X walk

1&2 1/8 turn left & step right FWD, close left to right, 1/8 turn left and step right FWD
3,4 1/8 turn left & step left FWD, 1/8 turn left & step right FWD,
5&6 1/8 turn left & step left FWD, close right to left, 1/8 turn left and step left FWD
7,8 walk right, walk left

SEC 3 - Cross rock step, side shuffle, cross rock step, 1/4 turn left, shuffle

1,2 cross rock step right over left, recover on left
3&4 step right to the side, close left to right, step right to the side

5,6 cross rock step left over right, recover on, right
7&8 1/4 turn left & step left to the side, close right to left, step left to the side

SEC 4 - Walk FWD right left right, kick left FWD, step back left, and right, coaster step

1-4 walk FWD on right left right, kick left FWD
5,6 step left back, step right back
7&8 step left back, close right to left, step left FWD

TAG after 32 counts. See the order: A-A B-B A B-B A(32counts) TAG

-8 counts both arms up
-8 counts right arm to the side
-8 counts left arm to the side
-8 counts both arms up

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