

Bailando Sin Parar

拍数: 32 墙数: 4 级数: Improver
编舞者: Arisps (INA) - February 2025
音乐: Bailando Sin Parar | Reggaeton Fuego | Latin Dance Music | Nuevo Éxito Musical



Intro Dance : 16 Count

***No Tag - Restart : 1 (on Wall 3, After 16 Count)

S1. SIDE, TOGETHER, FORWARD LOCK SHUFFLE (R/L)

1-2 Step R to side - Step L together
3&4 Step R forward - Lock L behind R - Step R forward
5-6 Step L to side - Step R together
7&8 Step L forward - Lock R behind L - Step L forward

S2. MODIFIED JAZZBOX TURN 1/4 RIGHT, CHASSE, CROSS, SIDE, SAILOR STEP

1-2 Cross R over L – Turn ¼ right step L back
3&4 Step R to side – Step L together – Step R to side
5-6 Step L cross over R - Step R to side
7&8 Cross L behind R with sweep - Step R to side - Step L to side

S3 : KICK BALL TOUCH (R/L), ANCHOR STEP

1&2 Kick R forward – Step R together – Touch L to side
3&4 Kick L forward – Step L together – Touch R to side
5&6 Rock R behind L – Recover on L – Step R in place
7&8 Rock L behind R – Recover on R – Step L in place

S4 : BACK ROCK, RECOVER WITH FLICK, FORWARD LOCK SHUFFLE, PIVOT TURN 1/2 RIGHT WITH FLICK, LOCK SHUFFLE FORWARD

1-2 Rock R back bumping hips back - recover on L with flick R
3&4 Step R forward - Lock L behind R - Step R forward
5-6 Step L forward - Turn 1/2 right with flick L
7&8 Step L forward - Lock R behind L - Step L forward

Aris Line Dance

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