

Most of All (You're My Best Friend)

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tina Argyle (UK) - February 2025
音乐: You're My Best Friend - Don Williams : (iTunes etc)



Count In : 16 counts start on the word 'gold' approx. 9 seconds in

Side Touch, Side Touch, Side Together Fwd. Touch. Side Touch, Side Touch, Side Together Back, Kick

1& Step R to right side, touch L at side of R
2& Step L to left side, touch R at side of L
3&4& Step R to right side, close L at side of R, step fwd. R touch L at side of R
5& Step L to left side, touch R at side of L
6& Step R to right side, touch L at side of R
7&8& Step L to left side, close R at side of L, step back L, kick R fwd

Coaster Step.Shuffle Fwd.Step ¼ Cross. ½ Turn Cross

1&2 Step back R, step back L, step fwd. R
3&4 Step fwd L, close R at side of L, step fwd L
5&6 Step fwd R, make ¼ turn left onto L, cross R over L (9 o'clock)
7&8 ¼ turn right stepping back L, make ¼ turn right stepping R to right side.

Cross L over R (3 o'clock)

Modified K Step with Diagonal Shuffle Back. Reverse K Step with Scuff, Shuffle Fwd.

1& Step fwd R to right diagonal, touch L behind R
2& Step back L in place, touch R at the side of L
3&4 Shuffle back R,L,R towards right diagonal behind you
5& Step back L to left diagonal behind you, touch R at side of L
6& Step fwd R in place, brush L at side of R
7&8 Shuffle fwd stepping L,R,L

Mambo Fwd. Coaster Step. Side Mambo Cross. Coaster ¼ Turn

1&2 Rock Fwd R, recover onto L, step together R
3&4 Step back L, step back R, step fwd. L
5&6 Rock R to right side, recover weight onto L, cross R over L
7&8 Make ¼ turn right stepping back L, step R at side of L, step fwd L (6 o'clock)

End of wall 2 add the following tag then re start the dance facing 6 o'clock

TAG ½ Pivot Turn Step Fwd. Mambo Fwd. Step Together

1&2 Step fwd R, make ½ pivot turn left onto L, step fwd. R
3&4 Rock fwd. L, recover weight onto R, step together L