

I Will Be a Dancer

拍数: 64 墙数: 4 级数: High Beginner
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音乐: Learn to Dance - Heartbeat



Intro: 16 counts

Step fwd, touch behind, shuffle back, rock back, recover, kick-ball-change

1 – 2 RF step fwd – LV touch behind
3 & 4 LF step back – RF close – LF step back
5 – 6 RF rock back – recover on LF
7 & 8 RF kick fwd – RF step on ball – step back on LF

Forward rumba box (with shuffles)

1 – 2 RF step R side – LF close
3 & 4 RF step fwd – LF close – RF step fwd
5 – 6 LF step L side – RF close
7 & 8 LF step back – RF close – LF step back

Step 1/4 turn R, touch, step 1/4 turn L, scuff, (2x) step, pivot 1/8 turn L

1 – 2 RF step 1/4 R – LF touch next
(keep watching the start wall)
3 – 4 LF step 1/4 L – RF scuff
5 – 6 RF step fwd – RF+LF turn 1/8 L
7 – 8 RF step fwd – RF+LF turn 1/8 L

Jazzbox, hip sways

1 – 2 RF cross over – LF step back
3 – 4 RF step R side – LF step fwd
5 – 6 RF step R side and sway hip R – L
7 – 8 sway hip R – L

Vine R, touch, Chassé L, rock back, recover

1 – 2 RF step R side – LF cross behind
3 – 4 RF step R side - LF touch next
5 & 6 LF step L side – RF close – LF step L side
7 – 8 RF rock back – recover on LF

Vine 1/4 turn R, scuff, rocking chair

1 – 2 RF step R side – LF cross behind
3 – 4 RF step 1/4 R – LF scuff
5 – 6 LF rock fwd – back on RF
7 – 8 LF rock back – recover on RF

Step, pivot 1/4 R, weave 1/4 R, step, touch behind

1 – 2 LF step fwd – LV+RV turn 1/4 R
3 – 4 LF cross over – RF step R side
5 – 6 LF cross behind – RF step 1/4 R
7 – 8 LF step fwd – RF touch behind

(Option count 8 in case of balance difficulties: touch beside LF)

Step, sweep, step, sweep, rock back, recover, step, pivot 1/4 turn L

1 – 2 RF step back – LF sweep behind

3 – 4 LF step back – RF sweep behind
5 – 6 RF rock back – recover on LF
7 – 8 RF step fwd – RV+LV turn 1/4 L

Start over and enjoy !

Tag [9]: 4 extra counts:

After the 3th wall sway hips R-L-R-L

Finish [6]: Dance ends with the rumba box from session 2, dance just halfway unto count 4 and then:

5 - 8 LF rock step fwd – shuffle 1/2 turn L [12] and RF cross over (finishing touch).
