

Lonely People

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Becky Hawthorne (USA) - February 2025
音乐: Lonely People - America



Intro: 32 counts. Dance starts one count before the vocals.

*1 Restart

Section 1: DIAGONAL SHUFFLE X 2, DIAGONAL BACK, DRAG X 2

1 & 2 Step RF to R fwd diagonal, Step LF next to RF (&), Step RF to R fwd diagonal
3 & 4 Step LF to L fwd diagonal, Step RF next to LF (&), Step LF to L fwd diagonal
5, 6 Step RF back to R back diagonal, Drag LF to touch next to RF
7, 8 Step LF back to L back diagonal, Drag RF to touch next to LF

Section 2: 1/4 SHUFFLE, SYNCOPATED VINE, ROLLING VINE, POINT

1 & 2 1/8 Step RF to R (1:30), Step LF next to RF(&), 1/8 Step RF to R (3:00)
3 & 4 Step LF to L side, Step RF behind L (&), Step LF to L side
5, 6 1/4 Step RF fwd (6:00), 1/4 Step LF to L side (9:00)
7, 8 1/2 Step RF to R side (3:00), Point LF to L side

Easier option counts 5,6,7: Vine right without turning

Section 3: CROSS ROCK, SIDE MAMBO, CROSS, 1/4 BACK, 1/4 SHUFFLE

1, 2 Cross LF over R, Recover weight back onto RF
3 & 4 Rock LF to L side, Recover weight onto RF (&), Step LF next to RF

*RESTART HERE ON WALL 3

5, 6 Cross RF over L, 1/4 Step LF back (6:00)
7 & 8 1/8 Step RF to R (7:30), Step LF next to RF (&), 1/8 Step RF to R (9:00)

Section 4: FWD LOCK, 1/4 SIDE SHUFFLE, 1/4 SAILOR, ROCKING CHAIR

1 & 2 Step LF forward, Lock RF behind L (&), Step LF forward
3 & 4 1/4 Step RF to R (6:00), Step LF next to RF, Step RF to R side
5 & 6 1/4 Step LF behind R (3:00), Step RF to R side, Step LF to L and slightly fwd
7 & 8 & Rock RF fwd, Recover back onto LF, Rock RF back, Recover fwd onto LF

Suggested ending: Song ends during Wall 6. Dance counts 1-6 of Section 1 to the 3:00 wall. 1/4 Step LF to L (12:00) and hold.

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