Thicc as Thieves



拍数: 96 墙数: 4 级数: Phrased Intermediate

编舞者: Clare Haworth (USA) - February 2025

音乐: Thicc As Thieves - Lauren Alaina & Lainey Wilson



Sequence: A,B,C, A,B,C, B,B,B, C,A

Intro: 32 counts 0:16

PART A 32 COUNTS:

[1-8] CAMEL WALKS, MAMBO STEP FWD, MAMBO STEP BACK, HITCH TOUCH UNWIND

1,2 Scoot forward into LF while popping R knee, Scoot forward into RF while popping L knee

Rock forward on L, Recover weight on R, Step together on L
Rock back on R, Recover weigh on L, Step together on R

&7,8 Hitch LF knee forward, touch LF back, unwind ½ turn over LF shoulder facing 6:00

[9-16] SCUFF TOGETHER, HEEL TOE SWIVELS, STOMP x2

| 1,2 | Scuff RF forward, Jump both feet together |
|-----|--|
| 3&4 | Swivel heels to R – toes to R – heels to R |
| 5&6 | Swivel heels to L – toes to L – heels to L |
| 7.8 | Stomp R to R side, Stomp L to L side |

[17-24] HIP ROLL R, L HIP BUMP, HIP ROLL L, R HIP BUMP, KICK & POINT X2

| 1,2 | Roll hips to R side bend in knees rolling hips from L to R, bump L hip up L |
|-----|---|
| 3,4 | Roll hips to L side bend in knees rolling hips from R to L, bump R hip up R |
| 5&6 | Kick RF forward, step RF next to LF, point LF out to left side |
| 7&8 | Kick LF forward, step LF next to RF, point RF out to right side |

[25-32] BODY ROLL, HIP CHECK x2, HIP SWING, HOLD, STEP

| 1,2 | Step weight into RF turning 1/4 turn to face 3 o'clock while rolling body top to bottom, sit |
|------|--|
| | weight into right hip |
| &3&4 | Swivel L heel out raising left hip, LF back to center sitting into right hip X2 |

5, 6 Step RF forward rolling hips left to right in half circle while making 1/4 turn left to face 12

O CIOCK

7,8 Hold, step forward with LF

PART B 16 COUNTS:

[1-8] HEEL, HOOK, KICK, STEP, DRAG, FLICK, JAZZ BOX SHIMMY

1&2& R heel, R hook, kick RF forward, step back on RF

3,4 Drag LF back, Flick LF back.

5, 6, 7,8 Cross LF in front of RF, step RF back, step LF back, step RF next to LF

[9-16] 1/2 APPLE JACK, HITCH, SIDE STEP, FLICK, L GRAPEVINE, 1/4 TURN

1&2 Swivel L heel and R toe to the right, feet back to center, hitch R knee up

3,4 Step RF to R side, flick LF behind R leg

5,6,7,8 Step LF to left, RF behind LF, LF to left, step RF to LF while making ¼ turn to 9 o'clock

PART C 48 COUNTS:

[1-8] R CROSS ROCK, CHASSE, L CROSS ROCK, CHASSE

| 1,2 | Cross RF over LF leading with R hip, recover weight back to LF |
|-----|--|
| 3&4 | Step to the right with RF, Step together with LF, step RF next to LF |
| 5,6 | Cross LF over RF leading with L hip, recover weight back to RF |
| 7&8 | Step to the left with LF. Step together with RF, step LF next to RF |

[9-16] R HEEL, L HEEL, R KICK, TURN AND FLICK OUTWARD, L HEEL, R HEEL, STEP, TURN

1&2& R heel forward, step RF together, L heel forward, step LF together

3&4 Kick RF forward, on ball of left foot, pivot ¼ left and flick right foot to right side, step together

facing 6 o'clock

5&6& L heel forward, step LF together, R heel forward, step RF together

7,8 Step LF forward, pivot ¼ turn back to 9 o'clock

[17-24] JUMP R, JUMP L, KICK, HOOK, KICK, SWEEP ½ TURN, HOP OUT & CROSS

| 1,2 | Jump both feet to the right, Jump both feet to the left |
|-----|--|
| 3&4 | Kick RF forward, Hook RF in front of LF, Kick RF forward |

5,6 Sweep RF to the right while making a ½ turn over R shoulder, step together facing 3 o'clock

7,8 Hop both feet out, hop both feet in crossing RF over LF

[25-32] HOP OUT, HOLD, CHEST PUMPS x4, HIP SWAYS

1,2 Hop both feet out, hold

With hands together above head, arch back and pump chest out, in, out
With hands at waist level out to sides, arch back and pumpt chest out, in out

7.8 With knees facing out, sway hips right and left.

[33-40] POINT R, POINT L, POINT R, FLICK, TRIPLE STEP x2

Point RF out to right, step RF together, point LF out to left, step LF together

3,4 Point RF out to right, Flick RF in front of LF while making ¼ turn toward 6 o'clock

Step RF forward, step LF next to RF, step RF forwardStep LF forward, step RF next to LF, step LF forward

[41-48] KNEE POP x2, STEP BACK x2, COASTER STEP, HEEL POP

1,2 Pop L knee, Pop R knee3,4 Step RF back, Step LF back

5&6 Step RF back, Step LF next to RF, and step RF forward

7&8 Step LF next to RF, pop heels up, down