Sea Shanty Remix

级数: Easy Beginner Line / Contra

编舞者: Rob Williams (USA) - February 2025

音乐: Wellerman (Sea Shanty / 220 KID x Billen Ted Remix) - Nathan Evans, 220 KID & Billen Ted

INTRO: 32 counts

There are no tags or restarts.

拍数: 32

Sec 1: WALK FWD X 2, POINT R, TOGETHER, POINT L, TOGETHER, WALK BACK X 2

- 1-2 Walk fwd stepping R, L
- 3-6 Point R to right, Step R next to L, Point L to L, Step L next to R
- 7-8 Walk back stepping R, L

Sec 2: MODIFIED REVERSE ROCKING CHAIR WITH ¼ L, JAZZ BOX, CROSS

- 1-2 Rock back on R, Recover on L
- 3-4 Rock fwd on R, Turn ¼ Left recovering on L (9:00)
- 5-8 Step R across L, Step L back, Step R to R, Step L across R

Sec 3: VINE R, TOUCH, SIDE, FLICK BEHIND WITH SLAP, SIDE, HITCH WITH SLAP

- 1-4 Step R to right, Step L behind R, Step R to right, Touch L next to R
- 5-8 Step L to left, Flick R behind L knee slapping RF with L hand, Step R to right, Hitch L fwd slapping L knee with R hand

Sec 4: VINE L WITH ¼ L, FWD, FLICK BEHIND WITH SLAP, BACK, KICK RAISING ARMS & CLICKING FINGERS

- 1-4 Step L to left, Step R behind L, Turn ¼ left stepping L fwd, Scuff R fwd
- 5-8 Step R fwd, Flick L behind R knee slapping LF with R hand, Step L back, Kick R fwd while raising arms overhead and clicking fingers

[REPEAT SECTIONS 1-4]

This dance works great as a 2-wall line dance. After a little bit of practice, it can also be performed as a contra dance for beginners to enjoy.

Have fun!

Last Update: 18 Feb 2025





墙数:2