

Dancing Crazy

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Shelly Guichard (UK), Dee Musk (UK) & Kate Sala (UK) - February 2025
音乐: Dancing Crazy - Miranda Cosgrove : (Album - iSoundtrack II - iCarly)



#16 Count Intro – Approx 10 secs. Track approx 3 mins 41 secs.

Cross, Side, Heel, Toe, Hitch, Coaster Step, Forward Mambo Step

- 1,2 Cross left over right, step right to right side (weight on left).
3&4 Twist right heel in, twist right toe in, hitch right knee.
5&6 Step back on right, step left beside right, step forward on right.
7&8 Rock forward on left, recover weight to right, step back on left. (12.00).

Lock Step Back, Sailor ¼ Turn Left, Twist ½ Turn Right, Twist ½ Turn Left, Walk Right, Left.

- 1&2 Step back on right, cross left over right, step back on right.
3&4 Cross step left behind right, make ¼ turn left stepping back on right, step forward on left. (9.00).
5,6 Twist ½ turn right, twist ½ turn left.
7,8 Walk forward right, left. (9.00).

Diagonal Touch, Press, Rock Back, Recover, Cross, Point, Behind, Point.

- 1,2 Touch right forward to right diagonal, press right forward.
3,4 Rock back on left, recover weight to right.
5,6 Cross left over right, point right to right side.
7,8 Cross step right behind left, point left to left side. (9.00).

Behind, Side, Cross, Rock, Side, Step ½ Turn Left, Step ¼ Turn Left.

- 1,2 Cross step left behind right, step right to right side.
3&4 Cross rock left over right, recover weight to right, step left to left side.
5,6 Step forward on right, make ½ turn left (3.00).
7,8 Step forward on right, make ¼ turn left. (12.00).

Step Diagonally Out Right, Step Diagonally Out Left, Coaster Step, Step, Heel Switches, Heel Twists.

- 1,2 Step right out to right diagonal, step left out to left diagonal.
(Optional hand movements to the lyrics - You, Me as you step out right, left).
3&4 Step back on right, step left beside right, step forward on right.
5&6 Touch left heel forward, step left beside right, touch right heel forward, step right beside left.
7&8 Step forward on left, twist both heel left, twist both heels centre (weight forward on left). (12.00).

Kick, Walk Back, Right, Left, Right, Back Rock, ¼ Turn Right, Back Rock Side.

- 1,4 Kick right forward, walk back right, left, right.
5&6 Rock back on left, recover weight to right, make ¼ turn right stepping left to left side.
7&8 Cross rock right behind left, recover weight to left, step right to right side. (3.00).

Touch, Point, Sailor Step, x 2

- 1,2 Touch left across right, point left to left side.
3&4 Cross step left behind right, step right to right side, step left in place.
5,6 Touch right across left, point right to right side.
7&8 Cross step right behind left, step left to left side, step right in place. (3.00).

¾ Walkaround Turn Left, Kick, Out, Out, Back Rock, Recover.

- 1-4 Walking in a circle anti-clockwise make ¾ turn left stepping left, right, left, right.

5&6 Kick left forward, step out left, step out right.
7,8 Rock back on left, recover weight to right. (6.00).
(Optional hand snaps when the lyrics say Snap).

shellyguichard@hotmail.co.uk deedeemusk@gmail.com katesala@hotmail.com
