

Alive in Amsterdam

COPPERKNOB
STEPSHEETS

拍数: 32
编舞者: Rob Fowler (ES) - February 2025
音乐: Alive in Amsterdam - Jazz Lomax

墙数: 4

级数: Absolute Beginner



(NO Tags or Restarts)

Intro: 32 counts (approx. 16s) – on the word “music” as the lyric starts “The music pounds...”
Music available on: danztunz.com (approx. 4 weeks before all major music platforms)

S1: Single Hip Bumps R, L, Double Hip Bumps R, Single hip bumps L, R, Double Hip Bumps L

1,2 Small step R to R side bumping hips R (1), bump hips L (2)
3,4 Bump hips R twice (3,4)
5,6 Bump hips L (5), bump hips R (6)
7,8 Bump hips L twice (7,8) [12:00]

S2: Side R, Step L, Side R, Touch L, Side L, Step R, Side L, Brush R

1,2 Step R to R side (1), step L next to R (2)
3,4 Step R to R side (3), touch L next to R (4)
5,6 Step L to L side (5), step R next to L (6)
7,8 Step L to L side (7), brush R next to L (8) [12:00]

S3: Cross R, Side L, Behind R, Touch L, Cross L, Side R, ¼ L Back L, Touch R

1,2 Cross step R over L (1), step L to L side (2)
3,4 Step R behind L (3), touch L to L side (4)
5,6 Cross step L over R (5), step R to R side (6)
7,8 Make ¼ turn L stepping back on L (7), touch R to R side (8) [9:00]

S4: Step Fwd R, Touch L, Step Fwd L, Touch R, R Jazz Box Cross

1,2 Step forward on R (1), touch L to L side (2)
3,4 Step forward on L (3), touch R to R side (4)
5,6 Cross step R over L (5), step back on L (6)
7,8 Step R to R side (7), cross step L over R (8) [9:00]

Start Over
