

Crystal Methodist

COPPERKNOB
BY SHEETS

拍数: 40 墙数: 2 级数: Phrased Intermediate
编舞者: Autumn Beauchamp (USA) - February 2025
音乐: Crystal Methodist - Kasey Tyndall



Intro 16 counts/Starts on Lyrics

Phrased: A, A, B, B (16), A, A, B, B, B (20), B, B, B
Restart on Walls 4 & 9

Part A (16 counts)

[1-8] R Grapevine Cross, Side Rock Recover Cross, L Grapevine Cross, Side Rock Recover Cross

1&2& Step R to the right side, Step L behind R, Step R to the right side, Cross L over R
3&4 Rock R to right side, Recover on L, Cross R over L
5&6& Step L to the left side, Step R behind L, Step L to the left side, Cross R over L
7&8 Rock L to left side, recover on R, Cross L over R

[9-16] Walk Walk, R Side Rock Recover Cross, Walk Walk, Chase ½ turn

1 2 Step R across L, Step L across R
3&4 Rock R to R side, Recover on L, Cross L over R
5 6 Step L across R, Step R across L
7&8 Step L forward, pivot ½ turn on ball of L, Step L forward (6:00)

Part B (24 counts)

[1-8] Toe Heel, Back Rock, Step Hitch making ½ Turn, Step Flick, Step Lock Step, Scuff, Step Lock Step, Scuff

1&2& Touch R toe beside L bringing your R knee in, Touch R heel to side, Rock R behind L, Recover on L
3&4& Step R to right side, Hitch L with ½ turn left, Step L to left side, Flick R behind L
5&6& Step R diagonal, Lock L behind R, Step R diagonal, Scuff L forward,
7&8& Step L diagonal, Lock R behind L, Step L diagonal, Scuff R forward

[9-16] Rock Recover, Touch Unwind ¾ turn, Point, Together, Slide, Rolling Grapevine, Kick Ball Cross, ¼ Turn Step

1&2& Rock R forward, Recover L, Touch R behind L, Unwind ¾ turn (3:00)
3&4& Point L to L side, Touch L next to R, Step L to L side, Slide R to L
5&6& Turn ¼ to R and step R forward, Turn ½ to R and step L back, Turn ¼ to R and step R out to side, Touch L toe next to R
7&8& Low kick L into left diagonal, Step L next to R, Cross R over L, Turn ¼ to left and step L forward (12:00)

*Restart Wall 4

[17-24] ¼ Turn Jazz Box, ¼ Turn Sailor, Scuff, Cross Rocking Chair, Jazz Box, Stamp

1&2& Cross R over L, step L back while making an 1/8 turn right, Step R to right while making a 1/8th turn right, Step L forward (3:00)
3&4& Step R behind L, Step L ¼ turn over R shoulder to side, Step R forward, Scuff L forward (6:00)

*Restart Wall 9

5&6& Cross rock L over R, Recover on R, Rock L to L back diagonal, Recover on R
7&8& Cross L over R, Step R back, Step L to L side, Stamp R next to L

RESTARTS:

On wall 4, dance the first 16 counts of Part B and then restart part A

On wall 9, dance the first 20 counts of Part B and then restart part B

Last Update: 13 Feb 2025
