

I LoSe MY Mind (LaLaLa)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Andrico Yusran (INA) - February 2025
音乐: La la la (Bass Boosted) - Naughty Boy, Sam Smith



No Tag No Restart

Start dance after intro music 64 counts (31" on Lyric)

S1. *WALK FORWARD - KICK BALL SIDE TOUCH - SIDE POINT SWITCHES - ANCHOR STEP*

1-2 Step walk R - L forward
3&4 Kick R forward , ball tap R beside L , side point L to side
&5&6 Close L beside R , side point R to side , close R beside L , side point L to side
7&8 Back L , Recover on R , Recover on L with R knee up (weight on L)

S2. *SIDE ROCK - BEHIND - SIDE - CROSS - HOLD (finger click) - SIDE POINT - FORWARD - HITCH*

1-2 Side R to side , recover on L
3&4 Cross R behind L , side L to side , cross R over L
5-8 Hold (click finger) , side point L to side , forward L , Hitching R knee up

S3. *SIDE (hip roll) (RL) - BALL CROSS - TURN L - SIDE - BEHIND - SIDE - TOUCH CLOSE*

1-4 Step side R to side with hip roll from left to right , touches L diagonal to L , side L to side with
hip roll from right to left , touches R diagonal to R
&5-6 Ball R beside L , cross L over R , side R to side
7&8 Cross L behind R , side R to side , touch L beside R

S4. *1/4 TURN L - 1/2 TURN L - COASTER STEP - DOROTHY - SIDE POINT - CLOSE*

1-2 Step 1/4 L turn to L , 1/2 back R turn to L
3&4 Back L , close R beside L , L forward
5-6& Diagonal forward R to R , lock L behind R , diagonal forward R to R
7-8 Side point L to side , close L beside R (3.00)

(Start from the top)

Have Fun & Enjoy it !

Dancing with Your Heart...♥

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