

La Boulette

COPPER KNOB
BY STEPHANIE

拍数: 32 墙数: 2 级数: Beginner +
编舞者: Laura Turcaud (FR) - February 2025
音乐: La boulette (Génération Nan Nan) - Diam's



NO TAG, NO RESTART

Intro : 4x8 (the singer repeats the same text twice during the 32c intro)

The dance begins with the word « Haine », in the sentence « Y a comme un goût de HAINE, quand je... »

L = left – R = right – LF = left foot – RF = right foot

(1-8) (Rock Step Fwd – Step) R-L, Rock Step Fwd R, Side Rock Step R, Step Back R, Together L

1&2 « Rock Step Fwd » syncopated : RF forward – recover on LF, step RF
3&4 « Rock Step Fwd » syncopated : LR forward – recover on RF, step LF
5& « Rock Step Fwd » syncopated : RF forward – recover on LF
6& « Side Rock Step » syncopated : RF to R – recover on LF
7-8 RF back, LF next to RF

(9-16) Jump, Cross Point Back L, Jump, Cross Point Back R, Step Fwd R, Kick L, Step Back L, Flick R

1-2 Jump (slightly to the R), touch point LF crossed behind RF
3-4 Jump (slightly to the L), touch point RF crossed behind LF
5-6 RF forward, « Kick » LF forward
7-8 LF back, « Flick » lift RF back

(17-24) Step turn ½ R, Hitch R, Step R, Side Point L, Hitch L, Step L, Side Point R, Heel Switches R-L

1-2 « Step turn ½ » : RF forward – ½ turn L (on LF) 6H
3&4 « Hitch » raise R knee, step RF, point LF to L
(Nice effect : grow up at the « Hitch » and bend down at the « point »)
5&6 « Hitch » raise L knee, step LF, point RF to R
(Nice effect : grow up at the « Hitch » and bend down at the « point »)
7&8& Heel R forward, RF back, heel L forward, LF next to RF

(25-32) Bump R x2, Bump L x2, Walk Back x3, Together L

1&2 « Bump x2 » : RF to R with 2 hip thrusts to R (Gesture : with arms crossed)
3&4 « Bump x2 » : 2 hip thrusts to L (Gesture : with arms crossed)
5-8 Back RF-LF-RF (wave your hand « NO » during the chorus), LF next to RF

Final : At the 10th wall (6h), after 14c (until the « Kick » LF) :

1-2-3 point LF back, ½ L (on LF), RF forward

« All United » PASSION – PLEASURE – SHARING <3