

Hell - I Had Some Help!

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Upper Beginner
编舞者: Heather-Zara Shepherd (AUS) - January 2025
音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone



Start on Vocals

One Tag, One Restart

Can do a Split Floor with I Had Some Help (choreo Heather-Zara Shepherd)

Point Side, Forward, Side, Heel, Step & Toe, Step & Heel Step

1-2-3-4 Point R to R side, Point R fwd, Point R to R side, Step R together L

5-6&7&8& Touch R Heel fwd, Hold, & Step L to R, & R Toe together L, & Step R to L & L Heel fwd, & Step L to R

Toe - Heel Full Turn, Kick Ball Change (or Toe- Heel NO Turn - 6 Counts, facing 12.00)

1-2-3-4 Right Toe-Heel, Left Toe-Heel, 1/2 Turn L 9.00

5-6-7&8 Right Toe-Heel 1/2 Turn L, Left Kick Ball Change 12.00

***Tag Kick Ball Touch/ Restart**

Weave, Half Turn Shuffle

1-2-3-4 Step L to L Side, Step R behind, Step L to L Side, Step R across L

5-6-7&8 Step L to L Side, Step R behind L, 1/2 Turn Shuffle Left, LRL 6.00

Rock, Recover, Step, Step, 2 Half Pivot Turns Left (or Rocking Chair 5-6-7-8)

1-2-3-4 Rock R across L, Recover, Step R to R side, Step L fwd

5-6-7-8 Step L fwd, Step R , 1/2 Turn L , Step L, 1/2 Turn Step R, Step fwd L 6.00

REPEAT

TAG: Touch R (Kick Ball Touch) Facing 6.00

The Music Will Take You There !

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