

# Message in a Bottle

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Martha Ferrante (USA) - February 2025  
音乐: Message In A Bottle (Taylor's Version) (From The Vault) - Taylor Swift



**Tags: 1 easy 4 count Tag**

**Restart: Wall 10 after Coaster Step (facing 6:00) (just leave off the Toe Struts)**

**Intro: 8 counts**

## **TOUCH, TOUCH, TRIPLE STEP IN PLACE, TOUCH, TOUCH, TRIPLE STEP IN PLACE**

1-2            Point L forward (1) point L to left (2)  
3&4           Step L beside R (3) step R beside L (&), step L beside R (4)  
5-6           Point R forward (5) point R to right (6)  
7&8           Step R beside L (7) step L beside R (&) Step R beside L (8)

## **ROCK RECOVER, SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD**

1-2            Rock L forward (1) Recover back on R (2)  
3&4           Step L back (3) step R together (&) step L back (4)  
5-6           Rock R back (5) recover on L forward (6)  
7&8           Step R forward (7) step L together (&) step R forward (8)

## **STEP, ¼ TURN, CROSSING SHUFFLE, STEP TOUCH (2x)**

1-2            Step L forward (1) pivot R 1/4 turn right (2) (weight is now on R)  
3&4           Cross L over R (3), Step R to right (&) Step L over (4)  
5-6           Step R to right (5) touch L next to R (6) with clap  
7-8           Step L to left (7) touch R next to left (8) with clap

## **STEP BACK, STEP BACK, COASTER STEP, TOE STRUTs**

1-2            Step R back (1) Step L back (2)  
3&4           Step R back (3) Step L beside R (&) Step R forward (4)

## **RESTART ON WALL 10 (facing 6:00)**

5-6            Touch L Toe (5) drop L Heel (6) - with a little hip bump  
7-8            Touch R Toe (7) drop R Heel (8) - with a little hip bump

## **TAG: Wall 4**

1-2            Point L forward (1) point L to left (2)  
3-4            Point L forward (3) point L to left (4)

**In the first 8 counts, the triple step in place can be a coaster step which adds some movement  
Start from the beginning - Enjoy and Have Fun!**

**Note: This dance is similar to my first dance "What a Night It Is!" but the ending is different, the long Tag is gone and it goes so much better to this song! I hope you like it!**

**Last Update: 23 Feb 2025**