

Rhythm and Blues

拍数: 40 墙数: 2 级数: Improver
编舞者: Debi Robbins (USA) - February 2025
音乐: Dance - Twister Alley : (Spotify)



Intro: 48 counts, start on vocals

No Tags or Restarts

Note: This is an old dance (pre-2000) that has been modified over the years. The original music was 'She's Got the Rhythm by Alan Jackson'. The original choreographer was unknown and there was no stepsheet.

The majority of dance is done on a diagonal (1:30 or 7:30)

[1-8] DIAG L ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, ½ SHUFFLE FWD

1,2 Diagonal (1:30) rock fwd L, recover back R,
3&4 Shuffle back stepping LRL
5,6 Rock back R, recover fwd L
7&8 Shuffle fwd turning L ½ stepping RLR (7:30)

[9-16] DIAG L ROCK BACK, RECOVER, ½ SHUFFLE FWD, ROCK BACK, RECOVER, WALK x2

1,2 Diagonal (7:30) rock back L, recover forward R
3&4 Shuffle fwd turning R ½ stepping LRL (1:30)
5,6 Rock back R, recover fwd L
7,8 Walk R, walk L (1:30)

[17-24] WALK, KICK, CLAP, SHUFFLE BACK, ROCK BACK, RECOVER, SIDE STEP, HEEL

1,2 Diagonal (1:30) walk R, kick L, clap
3&4 Shuffle back stepping LRL
5,6 Rock back R, recover fwd L
7,8 Step to side (12:00) R, touch L heel out to diagonal (12:00)

[25-32] VAUDEVILLES x3, BALL STEP, BRUSH

&1&2 Step L beside R, cross R over L, step L to L side, touch R heel to R diagonal
&3&4 Step R beside L, cross L over L, step R to R side, touch L heel to L diagonal
&5&6 Step L beside R, cross R over L, step L to L side, touch R heel to R diagonal
&7,8 R ball step, L fwd, R brush (12:00)

[33-40] FWD BUMPS, BACK BUMPS, SHUFFLE FWD, ½ PIVOT

1&2 Step R fwd, bump fwd x2
3&4 Step L back, bump back x2
5&6 1/8 turn shuffle fwd RLR (1:30)
7,8 Step fwd L, ½ pivot R (7:30)

Submitted by: Jackie Clair - Email: clairj@ameritech.net