

# Renewed

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Paul James (UK) - February 2025  
音乐: Born Again (feat. Doja Cat & RAYE) - LISA



\*1 Restart, 1 Tag - See Note.

Intro - 32 Counts

Note: Restart on Wall 7 after Count 16,

TAG: 4 Count Tag, end of Wall 10

[1-8] Chugs x2, Switches, Point 1/2 Turn, Rock & Cross.

1,2            Keeping weight on LF, make a 1/4 turn L, tapping the RF twice and pushing the R shoulder (1,2) - 9.00  
3&4&        Point RF to R (3) Close RF to LF (&) Point LF to L (4) Close LF to RF (&)  
5,6            Point RF to R (5) Close RF to LF making 1/2 turn over R shoulder (6) - 3.00  
7&8            Rock LF to L (7) Recover weight onto RF (&) Cross LF over RF (8)

[9-16] Side, Touch, 1/4 Turn, Full Turn Kick Ball Change, Out Out In Cross.

&,1            Step RF to R (&) Touch L toe behind RF (1)  
2,3,4        Make 1/4 Turn L stepping LF forward (2) - 12.00 Make full turn F stepping R, L (3,4) - 12.00  
5&6            Kick RF forward (5) Step RF down (&) Change weight to LF (6)  
&7&8        Small step RF out to R (&) Small step LF out to LF (7) Step RF in (&) Cross LF over RF (8)

Restart here on Wall 7

[17-24] Slow Unwind 1/2 Turn, Ball Cross, Hip Bumps, Rock Recover.

1,2,3        Unwind 1/2 turn R, weight on LF (1,2,3) - 6.00  
&4            Place weight on RF (&) Cross LF over RF (4)  
5&6&        Touch RF to R corner and bump hips x2 - weight ends on LF (5&6&)  
7,8            Rock onto RF rolling through R hip (7) Rock back onto LF rolling through L hip (8)

[25-32] 1/4 Turn with Sweep, Touch, Side Close Side, Sailor 1/2 Turn, 1/2 Pirouette, Together.

1,2            Place weight onto RF, making 1/4 turn R, sweeping LF from back to front (1) - 9.00 Touch L toe next to RF (2)  
3&4            Step LF to L (3) Close RF to LF (&) Step LF to L (4)  
5&6            Make a 1/2 turn Sailor Step over the R shoulder, stepping R L R (5&6) - 3.00  
7,8            Raise up onto the ball of the RF, making 1/2 turn L, lifting L Knee (7) - 9.00 Land closing feet together (8)

TAG: Walk Around Full Circle, Jump.

1,2,3        Walk around in a full circle over the L stepping RLR (1,2,3) Jump feet together (4)

Demo video available on YouTube/Instagram/TikTok - cudgeecoo

Happy Dancing :)