

Better Me for You

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Bobby Houle (CAN) - February 2025
音乐: Better Me For You (Brown Eyes) - Max McNown



****2 tags 1 restart**

[1-8]: Step, point, step, kick, coaster step, brush, step lock step, step touch (X2)

1&2& RF forward, Point LF next to RF, LF back, little kick RF
3&4& RF back, LF next to RF, RF in front, light brush LF
5&6 LF forward, lock RF behind LF, LF forward
7&8& RF to R, touch LF beside RF, LF to L, touch RF beside LF

RESTART: you do the first two walls (you're on the 6:00 wall) do the first 8 counts twice

[9-16]: Step, together, back, shuffle ½ turn L, brush, step, point, step, kick, coaster step

1&2 RF to R, LF beside RF, RF back
3&4 Shuffle L-R-L (½ turn left), light brush RF 6:00
5&6 RF forward, Point LF next to RF, LF back, little kick RF
7&8 RF back, LF next to RF, RF in front

[17-24]: Side, rock, kick, cross (L+R), point, touch, step, sailor step

1&2& Rock LF to L, return to RF, kick LF forward, LF crosses slightly over RF.
3&4& Repeat 1&2& with RF
5&6 Point LF to L, touch LF beside RF, step LF to L
7&8 RF crosses behind LF, LF beside RF, RF to R

[25-32]: Behind, ¼ turn R (R forward), L forward, rock step ½ turn R, shuffle ½ turn R with lock, step touch (X2)

1&2 LF crosses behind RF, ¼ turn R (RF forward), LF forward
3&4 Rock RF forward, ½ turn R on LF, RF forward
5&6 ¼ turn R on RF (LF to L), lock RF in front of LF, ¼ turn R (LF back) 9:00
7&8 RF to R, touch LF beside RF, LF to L, touch RF beside LF

TAG 1: You do the 1st wall, after the step touch (R+L) you SWAY R-L-R-L for about 4 sec. you're on the 9:00 wall

TAG 2: You do 4 more walls, you're again on the 9:00 wall, you add SWAY R+L

Ending: You do 1 more complete wall, you're on the 6:00 wall, you do the dance until count 24 (sailor step), on count 24 make a sway to R and add a sway to L (count 25).

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Ecole de danse Lone Riders