

A New Flower

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Martin (AUS) - February 2025
音乐: Flowers (Max Oazo & Bonzana Remix) - Miley Cyrus



No Tags or Restarts Weight on (L) ... (R) foot leading ...*Note* at the bottom

Starts on vocals....."We were good"

(1-8) (R) Cross Rock, Recover, Side Shuffle. (L) Cross Rock, Recover, Side Shuffle.

1-2 Weight on L Cross Rock R over L, (1) Recover weight on L. (2)
3&4 Step R to R side; (3) place L beside R, (&) step R to R side. (4)
5-6 Weight on R Cross Rock L over R, (5) Recover weight on R. (6)
7&8 Step L to L side; (7) place R beside L, (&) Step L to L side.(8)

(9-16) Step Point, Cross Point, Jazz box ¼ Turn Right

1-2 Step R Fwd, (1) Point L to L Side. (2)
3-4 Cross L over R slightly Fwd, (3) point R to R Side. (4)
5-6 Cross R over L, (5) Step L back. (6)
7-8 Turn ¼ R, stepping on R (7) Step L beside R. (8)

(17-24) Right Kick Ball Change x 2, Side Taps Right & Left

1&2 Kick R foot fwd. (1) step down on ball of R foot, (&) step on L foot. (2)
3&4 Kick R foot fwd. (3) step down on ball of R foot, (&) step on L foot. (4)
5-6 Step R to the R side, (5) tap L next to R. (6)
7-8 Step L to the L side, (7) tap R next to L. (8)

(25-32) Rocking Chair, X 2

1-2 Rock forward on the R, (1) recover weight back on the L. (2)
3-4 Rock back on the R, (3) recover weight back on the L. (4)
5-6 Rock forward on the R, (5) recover weight back on the L. (6)
7-8 Rock back on the R, (7) recover weight back on the L. (8)

Repeat Dance

*On wall (10) the last wall, dance up to count (16) the Jazz-Box ¼ turn (R)
And, step weight on (R) Pivot ½ turn (L) to finish at the front □*

Dedicated to my dear friend Valerie George, thank you for inspiring me to dance again.