

Abacadabra

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Christina Yang (KOR) - February 2025
音乐: Abacadabra - Lady Gaga



Sequence: A(32) A A A A(4) B(32) A A A A A(4) B(32) A A

Start the dance after 32 counts

A(32 COUNTS)

SECTION 1: SIDE, HOLD, SWITCH, SIDE, FLICK, 1/4 TURN TO L WITH FORWARD, 1/4 TURN TO L WITH SIDE, 1/4 TURN TO L WITH COASTER STEP

1-2& Step RF to side, hold, switch LF
3-4 Step RF to side, flick LF to R side
5-6 1/4 turn to L stepping LF forward, 1/4 turn to L stepping RF side
7&8 1/4 turn to L stepping LF backward, closed RF to LF, step LF forward

SECTION 2: (FORWARD, BACKWARD ROCK, RECOVER) X 2, ROCKING CHAIR

1&2 Step RF forward, rock LF backward(push weight to back strongly), recover on RF
3&4 Step LF forward, rock RF backward(push weight to back strongly), recover on LF
5-8 Rock RF forward, recover on LF, rock RF backward, recover on LF

SECTION 3: 1/2 TURN TO L WITH PIVOT, 1/4 TURN TO L WITH PIVOT, SAMBA STEP X 2

1-4 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, 1/4 turn to L changing weight on LF
5&6 Cross RF over LF, side rock LF, recover on RF
7&8 Cross LF over RF, side rock RF, recover on LF

SECTION 4: FORWARD ROCK, RECOVER, 1/2 TURN TO R WITH FORWARD, FORWARD, 1/2 TURN TO L WITH PIVOT, FORWARD, 1/4 TURN TO R WITH SIDE AND 1/2 TURN TO R

1-4 rock RF forward, recover on LF, 1/2 turn to R stepping RF forward, step LF forward
5-8 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, 1/4 turn to R stepping LF side and 1/2 turn to R

B(32 COUNTS)

SECTION 1: SIDE, HOLD, SWITCH, SIDE, FLICK, (SIDE ROCK, RECOVER) X 2

1-2& Step LF side, hold, switch RF
3-4 Step LF side, flick RF to L side
5-8 (Side rock RF(push weight to R side) with shoulder pop to R side, recover on LF(push weight to L side) with shoulder pop to L side) x 2

SECTION 2: 1/4 TURN TO R WITH FORWARD, 1/4 TURN TO R WITH SIDE, BACKWARD ROCK, RECOVER, HIP ROLL X 2

1-4 1/4 turn to R stepping RF forward, 1/4 turn to R stepping LF side, backward rock RF, recover on LF
5-8 (Step RF forward with hip roll to clockwise, weight recover on LF) x 2

SECTION 3: STEP, 1/2 TURN TO R WITH PIVOT, TOGETHER, KNEE BOUNCE L/R/L/R WITH HAND STYLING

1-4 Step RF, step LF forward, 1/2 turn to R changing weight on RF, closed LF to RF
5-8 L knee bounce(weight on RF) with both hands cross, R knee bounce(weight on LF) with put both hands on your thighs, L knee bounce(weight on RF) with raise both hands, R knee bounce(weight on LF) with lower both hands

SECTION 4: 1/2 TURN TO L WITH 3 TIMES OF SIDE POINT, STEP, HITCH, SIDE BIG STEP

- 1-4 1/8 turn to L pointing RF to R side x 2, 1/4 turn to L pointing RF to R side, step RF in place
- 5-8 Hitch LF putting R hand on L knee and raise R hand over head, hold, step LF to L side(strongly to L side), drag RF to LF

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